

# Anjeli R. Elkins

3900 Lyon Drive, Lexington, KY 40513  
(831) 202-2560 | anjeli.elkins@uky.edu

---

## **EDUCATION**

Doctor of Philosophy  
2020 – expected 2025

### **University of Kentucky, Lexington, KY**

Clinical Psychology – Neuropsychology || (GPA: 4.0/4.0)

Doctoral Dissertation (proposed): Resilience after prenatal substance exposure: Exploring the role of cumulative and specific protective factors in predicting and preventing mitigating early childhood psychiatric problems

Master of Science  
2018 - 2019

### **University College London, London, United Kingdom**

Summa Cum Laude || Pediatric Neuropsychology || (GPA: 3.9/4.0)

Master's Thesis: Neuroanatomical correlates of autism spectrum social symptomology in term & preterm pediatric populations

Bachelor of Arts  
2012 - 2016

### **University of Pennsylvania, Philadelphia, PA**

Cum Laude || Psychology || (GPA: 3.7/4.0)

Bachelor's Thesis: Parent/child resemblance in eating behavior: Picky eating, food neophobia, and emotional eating

## **RELEVANT COURSEWORK**

Assessment of Neuropsychological Disorders and their Functional Implications; Introduction to Developmental Cognitive Neuroscience; Advanced Developmental Cognitive Neuroscience; Infant and Neurodevelopmental Assessment; Professional Issues for Pediatric Neuropsychologists; Development of the Sensory, Motor, and Cognitive Neural Systems; Developmental Disorders and Neuropsychological Profiles; Developing Clinical Formulations and Interventions

## **RELEVANT CLINICAL EXPERIENCE**

2023 (present)

### **Kentucky Neuroscience Institute, University of Kentucky Healthcare, Lexington, KY**

*Predoctoral Extern – Neuropsychological Assessment*

Administers neuropsychological assessment batteries to patients presenting with complex neurological conditions, including epilepsy, stroke, dementia, and traumatic brain injury. Writes brief assessment reports to support rehabilitation planning and pre/post-operative evaluations.

2023 (present)

### **Healthy Young Minds – Remote, USA**

*Predoctoral Extern/Psychometrist – Neuropsychological Assessment*

Administered neuropsychological assessment batteries via telehealth with youth and young adults primarily aged 6-18. Clients presented with diverse concerns related to attention/executive function, visuospatial processing, learning, memory, intellectual functioning, language processing, academic achievement, and autism spectrum symptomology.

#### *Experience Highlights:*

- Frequent work with pediatric concussion/traumatic brain injury
- Extensive practice administering complex batteries via telehealth

*Supervisors: Cari Whitlock, PhD*

*Assessment: BEERY-VMI, CELF-5, CELF-P, C-TOPP-2, GTFA-3; KBIT-2-R, WISC-V, WISC-V Integrated, CVLT-3, CVLT-C, WMS-4, WRAML-3, NEPSY-2, D-KEFS, WCST, WIAT-4; GORT-5, EVT-3; Stroop-C; NODA*

2021 – present

### **Jesse G. Harris Psychological Services Center, University of Kentucky, Lexington, KY**

*Graduate Student Psychotherapist*

Maintains continuous caseload of child assessment and therapy clients presenting primarily with intellectual delay/disability, specific learning disabilities, ADHD, ASD, ODD, and complex disruptive behavior disorders.

Assessment skills include complex battery development, test administration with behaviorally challenging clients, differential diagnosis, report-writing, and treatment recommendations. Therapy skills include complex case conceptualization, treatment planning, and flexible administration of protocols.

*Experience Highlights:*

- Specializes in assessment and family-based intervention with 2-8-year-old clients presenting with complex disruptive behavior disorders, including frequent work with clients with prenatal substance exposure
- Practices numerous evidence-based interventions for disruptive behavior and aggression, including standard parent/child interaction therapy, PCIT modified for toddlers, PCIT modified for older children, Collaborative and Proactive Solutions/collaborative problem solving, and Parent Management Training
- End-of-year achievement testing at local elementary/high schools

*Supervisor:* Mary Beth McGavran, PhD; Michelle Martel, PhD

*Assessment:* WPPSI-IV, WISC-V, WAIS-IV, WJ-IV, SCID-V, DIAMOND/DIAMOND-child, K-SADS-PL, M-CHAT-R, ADI-R, ADOS-2, BSID-4, BINS; BASC-3, NEPSY-II

*Intervention:* CBT, PCIT/T, CPS, PMT, DBT, ACT, UP, CPT

**2022-2023                      Developmental Pediatrics, Kentucky Children's Hospital, Lexington, KY**

*Predoctoral Extern – Neurodevelopmental Assessment*

Conducted comprehensive neuropsychological/neurodevelopmental assessments for patients aged 3-18, with emphasis on evaluation of intellectual functioning and diagnosis of autism spectrum disorders, attention-deficit/hyperactivity disorder, and intellectual disability.

*Experience Highlights:*

- Frequent work with non-English-speaking & hearing-impaired populations
- Work with interpreters for parent interviewing, child assessment, & feedback
- Frequent work with children with rare genetic syndromes, Down's syndrome, cerebral palsy, and other serious conditions, often requiring testing accommodations/modifications
- Routine administration of all ADOS-2 modules

*Supervisor:* Caitlin Allen, PhD

*Assessment:* ADOS-2, MSEL, SBIS

**2021 – 2022                      Jesse G. Harris Psychological Services Center, University of Kentucky, Lexington, KY**

*Clinical Assessment Coordinator*

Managed intake of all prospective assessment clients at Department of Psychology's student-run clinic, including conducting risk assessments and determining suitability for services. Assigned assessment clients to appropriate graduate student therapists. Advised graduate student therapists on assessment batteries, report-writing, and treatment recommendations. Conducted intake interviews and risk assessments for prospective psychotherapy clients, including reporting diagnostic impressions. Trained and supervised undergraduate clinic assistants.

*Supervisor:* David Susman, PhD

**2017                                      Early Head Start, Children's Hospital of Philadelphia, Philadelphia, PA**

*Home Visitor – Assessment and ASD Services*

Administered routine in-home developmental assessments for 0 to 3-year-old children enrolled in early intervention for low-income families. Conducted in-home and in-clinic consultations to provide referrals and resources to families of children diagnosed with diagnosed or suspected ASD. Conducted in-home and shelter-based intake assessments for families eligible for early intervention services. Attended weekly lectures by CHOP Developmental & Behavioral Pediatrics.

*Experience Highlights:*

- Participated in rounds on NICU and NICU graduates eligible for intake into EHS
- Conducted nursery observations to monitor developmental and behavioral status of EHS infants and toddlers.
- Facilitated in-clinic parent/child learning groups around picky eating, feeding disorders, & ASD

- Performed in-home prenatal parent coaching with EHS parents, including birth plan development

*Supervisor:* Evelyn Ridgeway, PhD

*Assessment:* ASQ, COR, DRDP

## **RELEVANT RESEARCH EXPERIENCE**

2020–2023 **RISK Laboratory, University of Kentucky, Lexington, KY**

*Graduate Research Assistant*

Conducts clinical diagnostic interviews for DSM-V Axis I & II disorders and administers computer-based neuropsychological tasks with young adult female research participants with ADHD. Leads authorship and production of lab papers and abstracts.

*Supervisor:* Michelle Martel, PhD

*Assessment:* SCID-V-CV/PD; WAIS-IV subtests

2018-2019 **Great Ormond Street Institute of Child Health, University College London, London, UK**

*Graduate Student – Pediatric Neuropsychology*

Trained on standard, modified, and adapted administration of a broad range of child neuropsychology assessments. Completed coursework in infant and child neurodevelopmental and neuropsychological assessment, clinical formulations and interventions, atypical neuropsychological profiles, and current research in each of these domains. Participated in lab data analyses and manuscript preparation.

*Experience Highlights:*

- Trained on assessment of children with epilepsy, traumatic brain injury, stroke, visual/motor/auditory impairment, CNS cancers, and other neuropsychological disorders/conditions
- Trained on interpretation of neuroimaging data (MRI, fMRI, DTI) for clinical neuropsychological case formulation.
- Participated in extensive wet lab neuroanatomy training

*Supervisor:* Michelle de Haan, PhD

*Assessment:* AOSI, ADOS-2, BSID, BINS, WPPSI-4, WISC-5, WIAT-III, CELF-5, TEA-ch2, TONI-4, CELF-P, PLS-5, PPVT, EVT, D-KEFS

2016-2017 **Center for Mental Health Policy & Services Research, University of Pennsylvania Perelman School of Medicine, Philadelphia, PA**

*Clinical Research Coordinator*

Performed school-, home-, and clinic-based developmental assessments with 3-5 year old research participants diagnosed with ASD and enrolled in Philadelphia's early intervention system. Scored, interpreted, and wrote reports based on assessment results. Conducted structured classroom observations to evaluate participants' schooltime behavior. Administered semi-structured interviews with parents of participants. Administered semi-structured interviews with classroom teachers. Trained and supervised undergraduate research assistants. Maintained multiple study databases and supervised data entry. Assisted in data analysis and manuscript preparation.

*Supervisors:* David Mandell, ScD; Rinad Beidas, PhD; Keiran Rump, PhD

*Assessment:* MSEL, ADOS-2, DPA

2015-2016 **Child & Adolescent OCD, Tic, Trich, & Anxiety Group, University of Pennsylvania, Philadelphia, PA**

*Clinical Research Assistant/Undergraduate Resident*

Conducted experimental semi-structured interviews to evaluate presence of feeding disorders in children presenting to a pediatric anxiety clinic. Administered, scored, and interpreted experimental screening and diagnostic measures for pediatric feeding disorders. Assisted in development of treatment manual for CBT for avoidant/restrictive food intake disorder. Sat in on weekly doctoral student group supervision to learn about case formulation and intervention in pediatric anxiety and feeding disorders. Participated in lab data analyses and manuscript preparation.

Supervisors: Hana Zickgraf, PhD; Martin Franklin, PhD

2015 **Center for Autism Research, Children's Hospital of Philadelphia, Philadelphia, PA**  
*Clinical Research Assistant*

Assisted in administration of ASD diagnostic assessments and intelligence testing in home and clinic-based visits as part of study data collection. Scored assessment measures for clinical and research interpretation.

Supervisor: Benjamin Yerys, PhD

Assessment: ADOS, WISC-IV

### SUPERVISION & TEACHING EXPERIENCE

2023 (present) **Department of Psychology, University of Kentucky, Lexington, KY**  
*Graduate Teaching Assistant – Clinical Methodology I & Practicum (graduate)*

2023 (present) **Jesse G. Harris Psychological Services Center, University of Kentucky, Lexington, KY**  
*Assistant Supervisor – Child Assessment*

2020 **Department of Psychology, University of Kentucky, Lexington, KY**  
*Graduate Teaching Assistant – Introduction to Psychology (undergraduate)*

### TRAININGS & CERTIFICATIONS

- Autism Diagnostic Observation Schedule, 2<sup>nd</sup> ed. – formal training; certified administrator
- Parent-Child Interaction Therapy – formal training
- Collaborative Assessment and Management of Suicidality – formal training

### HONORS AND AWARDS

2019 Highest Honors - Master's Dissertation, University College London

2016 Dean's Honor List, University of Pennsylvania

2015 Dean's Honor List, University of Pennsylvania

### PROFESSIONAL ASSOCIATIONS

Postpartum Support International: 2022-present; Association for Prenatal and Perinatal Psychology and Health: 2022-present; International Neuropsychology Society: 2021-present; International Society for Research in Child and Adolescent Psychopathology: 2021-present; American Psychological Association - Society of Clinical Child & Adolescent Psychology - Div. 53; Society for Clinical Neuropsychology - Div. 40, 2021-present; World Association for Infant Mental Health: 2020-present; British Psychological Society, Neuropsychology Division: 2018-2020; Association for Behavioral & Cognitive Therapies: 2017-2020

### PUBLICATIONS

#### **Peer-Reviewed Articles**

**Elkins, A.R.**, Petersen, M., Nirjar, U., Monticello, N., & Martel, M. (2023). Evidence-Based Assessment of Developmental Disorders. *Assessment*, 10731911231178290.

Bansal, P. S., Goh, P. K., Eng, A. G., **Elkins, A. R.**, Thaxton, M., & Martel, M. M. (2023). Utility of the limited prosocial emotions specifier in preschoolers with conduct problems. *Assessment*, 30(2), 274-286.

Goh, P. K., Martel, M. M., Jones, P. J., Bansal, P. S., Eng, A. G., **Elkins, A. R.**, ... & Barkley, R. A. (2023). Clarifying relations between ADHD and functional impairment in adulthood: utilization of network and machine learning approaches. *Assessment*, 30(2), 316-331.

Goh, P. K., **Elkins, A. R.**, Bansal, P. S., Eng, A. G., & Martel, M. M. (2023). Data-Driven Methods for Predicting ADHD Diagnosis and Related Impairment: The Potential of a Machine Learning Approach. *Research on Child and Adolescent Psychopathology*, 1-13.

Martel, M. M., **Elkins, A. R.**, Eng, A. G., Goh, P. K., Bansal, P. S., Smith-Thomas, T. E., ... & Nigg, J. T. (2022).

Longitudinal Temperament Pathways to ADHD Between Childhood and Adolescence. *Research on Child and Adolescent Psychopathology*, 1-12.

Goh, P. K., Eng, A. G., **Elkins, A. R.**, & Martel, M. M. (2021). Gender Differences in ADHD Comorbidity During Adolescence: An Understudied Area in Need of Attention. *The ADHD Report*, 29(3), 1-10.

Goh, P. K., Martel, M. M., Jones, P. J., Bansal, P. S., Eng, A. G., **Elkins, A. R.**, ... & Barkley, R. A. (2021). Clarifying Relations Between ADHD and Functional Impairment in Adulthood: Utilization of Network and Machine Learning Approaches. *Assessment*, 10731911211050921.

Bansal, P. S., Goh, P. K., Eng, A. G., **Elkins, A. R.**, Thaxton, M., Smith, T. E., & Martel, M. M. (2021). Identifying the inter-domain relations among ODD, CD, and CU traits in preschool children using network analysis. *Research on child and adolescent psychopathology*, 1-13.

Bansal, P. S., Goh, P. K., Eng, A. G., **Elkins, A. R.**, Thaxton, M., & Martel, M. M. (2021). Utility of the Limited Prosocial Emotions Specifier in Preschoolers with Conduct Problems. *Assessment*.

Martel, M. M., Eng, A. G., Bansal, P. S., Smith, T. E., **Elkins, A. R.**, & Goh, P. K. (2021). Multiple informant average integration of ADHD symptom ratings predictive of concurrent and longitudinal impairment. *Psychological Assessment*.

Zickgraf, H. F. & **Elkins, A.R.** (2018). Sensory sensitivity mediates the relationship between anxiety and picky eating in children/adolescents ages 8–17, and in college undergraduates: A replication and age-upward extension. *Appetite*, 128, 333-339.

**Elkins, A.R.** & Zickgraf, H. F. (2018). Picky eating and food neophobia: Resemblance and agreement in parent/young adult dyads. *Appetite*, 126, 36-42.

## Poster Presentations

**Elkins, A.R.** & Martel, M.M. Interactions between breastfeeding duration and offspring temperament significantly predict symptoms of ASD, ADHD, callous-unemotionality, and disruptive behavior in toddlerhood (June 2023). Abstract accepted for presentation at the Postpartum Support International Conference, Kansas City, Missouri.

**Elkins, A.R.** & Martel, M.M. Breastfeeding duration and negative affect significantly predict disruptive behavior symptoms in preschool. (April 2023). Abstract accepted for presentation at the Gatlinburg Conference, Kansas City, Kansas.

Bansal, P. S., Goh, P. K., Eng, A. G., **Elkins, A. R.**, Thaxton, M. H., & Martel, M. M. (November 2021). "Limited prosocial emotions" specifier in a high-risk preschool sample. Poster presented at the Association for Behavioral and Cognitive Therapies Conference, New Orleans, LA.

Goh, P. K., Martel, M. M., Jones, P. J., Bansal, P. S., Eng, A. G., **Elkins, A. R.**, Thaxton, M. H., Barkley, R. A. (November 2021). Clarifying relations between ADHD and functional impairment in adulthood: Utilization of network and machine learning approaches. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, New Orleans, LA.

Zickgraf, H.F., **Elkins, A.R.**, Silber, M., Budzyn, S., & Franklin, M.E. (2018). Are ARFID symptoms overlooked in the anxiety clinic? Prevalence and characteristics of interfering picky eating in a pediatric OCD and anxiety treatment-seeking sample. Poster presented at the annual meeting of the International Conference on Eating Disorders, Chicago, IL.

**Elkins, A.R.**, Zickgraf, H.F., & Franklin, M.E. (2017). Cross-age group stability of parent/child resemblance in picky eating. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, San Diego, CA.

Nahmias, A., **Elkins, A.R.**, & Mandell, D. (2017). Preschool early intervention outcomes in different community-based settings for children with autism. Poster presented at the annual meeting of the International Society for Autism Research, San Francisco, CA.

**Elkins, A.R.**, Franklin, M.E. , & Zickgraf, H.F. (2016). Parent/child resemblance in picky eating & neophobia. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.

Zickgraf, H.F., Silber, M., **Elkins, A.R.**, & Franklin, M.E. (2016). Anxiety and sensory processing: Specific and common correlates of symptoms of avoidant/restrictive food intake disorder in children. Poster presented at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.

Zickgraf, H.F., Silber, M., **Elkins, A.R.**, & Franklin, M.E. (2016). Picky eating: Prevalence in a treatment seeking sample with pediatric anxiety and OC-spectrum disorders. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

### **Symposia**

Zickgraf, H.F., Silber, M., **Elkins, A.R.**, & Franklin, M.E. (2016). Sensory sensitivity as a mediator of the relationship between anxiety and symptoms of avoidant/restrictive food intake disorder. Symposium conducted at the annual meeting of the Association for Behavioral & Cognitive Therapies, New York, NY.