Parking
Limited parking is available on Maxwelton Court. Additional parking is available in the designated lot behind the center (right side only). The lot entrance is on Hester Alley.

Hours
The center is open from 10:00 a.m. to 8:00 p.m., Monday through Thursday. During the summer and University holidays, hours of operation may differ.
Psychotherapy Services
- Individual therapy: adults, adolescents, children
- Couples and family therapy
- Group therapy: Parenting skills, dialectical behavior therapy (DBT; adults and adolescents), mindfulness-based stress reduction, social skills (children), and anger management (children)
- Psychiatric (medication) consultation is available for active adult therapy clients

Testing Services (Adults and Children)
- Intellectual/giftedness
- Learning disability
- ADHD
- Personality
- Diagnostic clarification
- Neuropsychological

Appointments
To make an appointment for an initial consultation for yourself or your child, please call (859) 257-6853.

Therapists
Therapists are advanced doctoral students in the American Psychological Association-accredited clinical psychology program at the University of Kentucky. Therapists are supervised by licensed psychologists in the Department of Psychology or in the community.

Confidentiality
Client records and other information are managed at the center with strictest confidentiality, in accordance with all relevant ethical and legal standards. No information will be transmitted to any other individual or agency without the express permission of the client, except as required by law.

Fees
- The fee for an initial consultation is $20.
- We do not accept insurance.
- Fees for therapy and testing vary depending on the services provided.
- A sliding fee scale is available for psychotherapy and psychiatric services based on income and family size.
- Acceptance for treatment is not based on ability to pay for services.