Healthy Relationships for Teens
A 6-week skills training class to help teens improve and maintain healthy relationships

Want to improve your social skills and better manage your relationships?
Skills to be taught include:
• Creating healthy relationships and setting healthy boundaries
• Getting your needs met in relationships
• Conflict resolution and respecting yourself and others
• Expressing your feelings to others

WHEN: Tuesdays 4:30 – 6:00 p.m., January 30 – March 6, 2018

WHO: High School Teens

WHERE: The Harris Center - University of Kentucky
       644 Maxwelton Court, Lexington, KY 40508

COST: $90 (Reduced fee available – based on income or need)

CALL NOW TO RESERVE YOUR SPOT—SPACE IS LIMITED!
(859) 257-6853 or email: HarrisPSC@gmail.com

The Harris Center
Jesse G. Harris, Jr. Psychological Services Center
University of Kentucky Department of Psychology
psychology.as.uky.edu/psychological-services-center

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