Healthy Relationships for Teens
A 6-week skills training class to help teens improve and maintain healthy relationships

Want to improve your social skills and better manage your relationships?
Skills to be taught include:
- Creating healthy relationships and setting healthy boundaries
- Getting your needs met in relationships
- Conflict resolution and respecting yourself and others
- Expressing your feelings to others

WHEN: Tuesdays 4:30 – 6:00 p.m., starting January 2018

WHO: Teens ages 14-17

WHERE: The Harris Center - University of Kentucky
644 Maxwelton Court, Lexington, KY 40508

COST: Sliding scale based on income (scholarships available)

CALL NOW TO RESERVE YOUR SPOT—SPACE IS LIMITED!
(859) 257-6853 or email: HarrisPSC@gmail.com

The Harris Center
Jesse G. Harris, Jr. Psychological Services Center
University of Kentucky Department of Psychology

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