

Curriculum Vitae
Krystina Monticello
University of Kentucky
Lexington, KY 40506-0044
nina.monticello@uky.edu

Education

May 2023 **Bachelor of Arts in Psychology**
University of Kentucky, Lexington, KY
GPA: 3.402; Psychology Major GPA: 3.930
Honors: Cum Laude; Psychology Department Honors

Honors and Achievements

2023 Psychology Departmental Honors

2022 – 2023 Dean's List, University of Kentucky

2022 Data Analysis Instruction Manual

2022 Clinic Assistant, Jesse G. Harris Jr. Psychological Services Center

Research Experience

**2023-
Current** **Data Coordinator Senior**
Center on Drug and Alcohol Research
Supervisor: Sophia Shalash, MSW
Principle Investigators: Michele Staton, Ph.D., Megan Dickson, Ph.D.
Responsibilities: My position resides within the Evaluation Unit, which requires that my team evaluate substance use treatment agencies in central Kentucky. On this team, I have several key responsibilities including data analysis for annual, quarterly, and monthly reports, regular data management for five projects, monthly and weekly data cleaning for five projects, and collecting data through in-person and phone interviews with clients. An important skill I developed in this role was syntax writing in SPSS, both adapting previous syntax and hand-coding from scratch, dependent on the needs of the individual project. An additional role I've taken on in this position is assisting with organizing, editing, and writing annual reports.

**2022 -
Current** **Research Assistant**
RISK Lab at University of Kentucky
Principle Investigator: Michelle Martel, Ph.D.

Study: COVID-19 and Estrogen Effects on ADHD and Cognition

Focus: COVID-19 and Estrogen Effects on ADHD and Cognition in Adults
Responsibilities: During my first semester in the RISK lab, I primarily worked on this project organizing test tube samples and various participant materials, as well as reviewing and distributing participant automated communications. I also began conducting participant cognitive assessments and visits, through use of the WAIS Letter Number Sequencing instrument. I also developed skills in SPSS and R (Posit) in order to assist data input, organization, and analysis. I also assisted in literature review and proofreading for various lab projects. After graduation in May 2023, I continued assisting in data analysis and other lab duties.

Study: Graduate Student Dissertation Research

Focus: Estrogen Effects on ADHD and Cognition in Adolescents
Responsibilities: I began assisting a graduate student with her dissertation research during the summer of 2022, where I initially organized test tube samples and various participant materials. I then began conducting participant introductory and consent visits, as well as cognitive assessments, like facilitating computer assessments and the WAIS Letter Number Sequencing instrument. In addition to this, I assisted in teaching other students in the lab, both undergraduate and graduate, on visit procedures and remained a contact for assistance when necessary. I also assisted in data analysis on this project, using both SPSS and R.

Special Project: Data Analysis Instruction Manual

Responsibilities: I began this project in the late summer of 2022 under the guidance of a senior graduate student. In this project, I created standard procedures for all our data analyses in the RISK lab, from pulling data files to the analysis outputs and graphs. This required an understanding of Qualtrics, millisecond.com, Excel, SPSS, and R. In the fall 2022 and spring 2023 semesters, I also trained students in the RISK lab on the data procedures in this manual and basics of the statistics programs the manual requires.

Clinical Experience

2023

Co-Leader, The Resilience Builder Program

The Lexington School

Co-Leader: Ashley Eng, M.A.

Responsibilities: While co-leading this program, I assisted in teaching lessons with a focus on increasing emotional behavioral regulation, as well as managing student behavior to increase attention and maintain a safe learning environment. I used positive reinforcement to increase learning of program material.

2022-2023

Crisis Counselor, The Trevor Project

Responsibilities: I began this position by completing 40+ hours of crisis intervention training. I provided brief and supportive counseling to LGBTQ+ at-risk youth through online chats. In addition, each session included the completion of a risk assessment and additional support including assessing risk severity,

providing external resources, and providing increased support through longer sessions and phone calls.

2022 **Children’s Workshop Volunteer**, Divorce Recovery Workshop
Responsibilities: Lead weekly discussions regarding divorce, relationships, and coping skills; Facilitate play that is centered around the weekly topic; Create activities that center around discussion of the weekly topic

2022 **Clinic Assistant**
Jesse G. Harris Jr. Psychological Services Center
University of Kentucky
Supervisor: David Susman, Ph.D.
Responsibilities: In this position, I had many varied responsibilities. I frequently checked clients into appointments, assisted in waitlist and referral procedures, handled client billing, responded to phone and email inquiries and generally kept the space organized. I facilitated HIPAA-compliant communication between therapists and clients daily. I attended weekly staff meetings and classes for internship clinic assistants. Additionally, I scored client assessments, observed individual and group therapy, and observed individual assessments.

Publications

Elkins, A., Peterson, M., Nirjar, U., **Monticello, N.**, & Martel, M.M. (2023). Evidence-based assessment of developmental disorders. *Assessment*. DOI: 10.1177/10731911231178290

Manuscripts in Preparation for Submission/Resubmission

Eng, A. G., Elkins, A. R., Nirjar, U., Sizemore, Y.A., **Monticello, K.N.**, Peterson, M.K., Miller, S.A., Eisenlohr-Moul, T.A., & Martel, M. M. (in prep). Attention- deficit/hyperactivity disorder and the menstrual cycle: Theory and evidence.

Presentations

Monticello, K.N., Eng, A.G., & Martel, M.M. (2023, April). *Negative affect across the menstrual cycle in individuals with ADHD*. Poster presented at the National Conference for Undergraduate Research, Eau Claire, WI.

Skills

Leadership	Microsoft Office (Excel, Word, PowerPoint, etc.)
Organization	SPSS
Time Management	IBM R (Posit) Statistical Program
Qualtrics	REDCap

Certifications and Trainings

Mental Health First Aid Certificate
CITI Research Training Certificate
Group 2 Social/Behavioral Investigators and Key Personnel
Responsible Conduct of Research
Good Clinical Practice