Cristina Pinheiro | [cnpinh1@gmail.com](mailto:cnpinh1@gmail.com)

# Education

August 2021 — Present **Doctor of Philosophy in Clinical Psychology**

University of Kentucky

Lexington, KY

August 2024 **Master of Science in Clinical Psychology**

University of Kentucky

Lexington, KY

2019 — 2020 **Post-Baccalaureate in Clinical Psychology Graduate Program**

University of Kentucky

Lexington, KY

2013 — 2017 **Bachelor of Science in Psychology; Minor in Neuroscience**

University of Kentucky

Lexington, KY

# Publications

Lawrence, K. A., Gloger, E. M., **Pinheiro, C. N.**, Schmitt, F. A., & Segerstrom, S. C. (2024). Associations between IL-1β, IL-6, and TNFα polymorphisms and longitudinal trajectories of cognitive function in non-demented older adults. *Brain, Behavior, & Immunity-Health*, 100816.

Karr, J. E., Ingram, E. O., **Pinheiro, C. N.**, Ali, S., & Iverson, G. L. (2024). Test-retest reliability and reliable change on the NIH Toolbox Cognition Battery. *Archives of Clinical Neuropsychology*. Advance online publication. https://doi.org/10.1093/arclin/acae011

Karr, J. E., **Pinheiro, C. N.**, & Harp, J. P. (2024). Performance validity testing on the NIH toolbox cognition battery: Base rates of failed embedded validity indicators in the adult normative sample. *Archives of Clinical Neuropsychology*, *39*(2), 204-213. https://doi.org/10.1093/arclin/acad071

Karr, J. E., Hakun, J. G., Elbich, D. B., **Pinheiro, C. N.**, Schmitt, F. A., & Segerstrom, S. C. (2024). Detecting cognitive decline in high-functioning older adults: The relationship between subjective cognitive concerns, frequency of high neuropsychological test scores, and the frontoparietal control network. *Journal of the International Neuropsychological Society*, 1-12.

# Research presentationS

**Pinheiro, C.** &Karr, J.(2025, March 19th-22nd) *Subjective cognitive concerns and mental health in college students.* [Poster Session] Society for Biopsychosocial Science and Medicine (formerly American Psychosomatic Society) Annual Meeting, Seattle, Washington, United States.

**Pinheiro, C.,** Gold, B., Segerstrom, S., & Karr, J. (2024, September 27th) *Higher IL-6 levels in older adults with subjective cognitive concerns.* [Poster Presentation] Markesbery Symposium on Aging and Dementia, University of Kentucky, Lexington, KY, United States.

**Pinheiro, C.,** Bauer, C. Gold, B., Segerstrom, S., & Karr, J. (2024, March 20th-23rd) *Extracellular free water content in white matter is significantly correlated with interindividual differences in peripheral inflammation.* [Paper Presentation] American Psychosomatic Society Annual Meeting, Brighton, United Kingdom.

**Pinheiro, C.,** Bauer, C. Gold, B., Segerstrom, S., & Karr, J. (2024, February 14th-17th) *The subjective as objective: A comparison of extracellular free water content in the white matter of older adults with and without subjective cognitive concerns.* [Poster Session] International Neuropsychological Society Annual Meeting, New York City, New York, United States.

Lawrence, K., Gloger, E., **Pinheiro, C.**, Schmitt, F., Fardo, D., & Segerstrom, S. (2023, November 8th-12th) *Polymorphisms in Inflammatory Cytokines Not Associated with Cognitive Trajectories in Older Adults.* [Poster Session] Gerontological Society of America Annual Meeting, Tampa, Florida, United States.

**Pinheiro, C.,** Zachariou, V., Rodolpho, B., Hakun, J., Gold, B., & Segerstrom, S.(2023, March 8th-11th) *Does order matter? An investigation of white matter hyperintensity volume and serial position effects in health elderly adults.* [Poster Session] American Psychosomatic Society Annual Meeting, San Juan, Puerto Rico, United States.

**Pinheiro, C.,** Karr, J., & Segerstrom, S. (2022, November 2nd-6th) *Time is of the essence: Reliable measurement of heart rate variability in older adults.* [Poster Session] Gerontological Society of America Annual Meeting, Indianapolis, IN, United States.

**Pinheiro, C.,** Gloger, E., Crofford, L., & Segerstrom, S. (2020, March 11th-14th) *Eudaimonic well-being and heart rate variability among midlife and older women*. [Poster Session] American Psychosomatic Society Annual Meeting, Long Beach, CA, United States. (Conference Cancelled)

**Pinheiro, C.** (2019, July 12) *Thought, Stress, and Immunity Study: Methods and sample characteristics.* Presentation given to Principal Investigator Dr. Suzanne Segerstrom, Co-Principle Investigators Dr. Brian Gold, and Dr. Jonathan Hakun, and study consultant Dr. Peter Gianaros, Lexington, KY, United States.

**Pinheiro, C.,** Scott, A., Segerstrom, S., & Hakun, J.(2018, April 5 th-7th) *Socioeconomic context predicts white matter integrity in healthy older adults.* [Poster Session] National Conference on Undergraduate Research, Edmond, OK, United States.

# Clinical Experience

August 2024 — Current **Neuropsychology Resident** **at Norton Neuroscience Institute**

Supervisor: Dr. Brandon Dennis, Psy.D., ABPP-CN

September 2023 — July 2024 **Neuropsychology** **Resident Veterans Affairs Medical Center, Franklin R. Sousley Campus**

Supervisor: Dr. Andrea “Ande” Williams, Psy.D., HSPP, Clinical Neuropsychologist and EAGALA Certified Practitioner

September 2022 — Current **Therapist at the Jesse G. Harris Psychological Services Center**

Supervisors: Lindsey Jasinski, Ph.D., MHA, CAO of Eastern State Hospital; Mary Beth McGavran, Ph.D., Amber Billingsley, Ph.D., University of Kentucky, Clinical Psychology Graduate Program.

July 2021 — August 2024 **Graduate Research Assistant** for the Thought, Stress, and Immunity Neuroimaging Sub-study

Supervisor: Dr. Suzanne Segerstrom, Ph.D., M.P.H., Senior Professor and PI of the Psychoneuroimmunology Lab, University of Kentucky, Department of Psychology.

July 2022 — August 2023 **Resident at the Orofacial Pain Clinic**

Supervisor: Dr. Ian Boggero, Ph.D., UK Healthcare Kentucky Clinic, University of Kentucky.

August 2022 — December 2022 **Neuropsychology Assessment Course** taught by Dr. Justin Karr, Ph.D. at the University of Kentucky in the Clinical Psychology Graduate Program.

January 2022 — May 2022 **Personality Assessment Course** taught by Dr. Tom Adams, Ph.D. at the University of Kentucky in the Clinical Psychology Graduate Program.

August 2021 — December 2021 **Intellectual Assessment Course** taught by Dr. Michelle Martel, Ph.D. at the University of Kentucky in the Clinical Psychology Graduate Program.

January 2018 — July 2021 **Professional Research Assistant** for the Thought, Stress, and Immunity Sub-study

Supervisor: Dr. Suzanne Segerstrom, Ph.D., M.P.H., Senior Professor in the Department of Psychology, University of Kentucky.

2018 **Stroke and Spinal Cord Injury Rehabilitation Volunteer**

Supervisor: Dr. Lumy Sawaki Adams, M.D., Ph.D., Cardinal Hill Endowed Research Chair in Stroke and Spinal Cord Injury Rehabilitation and Associate Professor in the Department of Neurology, University of Kentucky.

# Research Experience

2024 — Present **Graduate** **Research Assistant**

***Estrogen Effects on ADHD and Cognition***

RISK Laboratory

University of Kentucky, Lexington, KY

Supervisor: Michelle Martel, Ph.D., Chair of Psychology Department

2021 — 2024 **Graduate** **Research Assistant**

***Healthy Brain Aging Study (Thought, Stress, and Immunity Sub-Study)***

Psychoneuroimmunology Research Lab

University of Kentucky, Lexington, KY

Supervisor: Suzanne Segerstrom, Ph.D., M.P.H.

2018 — 2021 **Professional Research Assistant** (full-time)

***Healthy Brain Aging Study (Thought, Stress, and Immunity Sub-Study)***

Psychoneuroimmunology Research Lab

University of Kentucky, Lexington, KY

Supervisor: Suzanne Segerstrom, Ph.D., M.P.H.

2018 — 2021 **Laboratory Technician** (full-time)

***Thought, Stress, and Immunity Study,***

***Healthy Brain Aging Sub-Study, &***

***Daily Activity and Health in the Lives of Adults Women***

Psychoneuroimmunology Research Lab

University of Kentucky, Lexington, KY

Supervisor: Suzanne Segerstrom, Ph.D., M.P.H.

2019, 2021 **Interim Project Manager** (full-time)

***Thought, Stress, and Immunity Study***

Psychoneuroimmunology Research Lab

University of Kentucky, Lexington, KY

Supervisor: Suzanne Segerstrom, Ph.D., M.P.H.

2015 — 2017 **Undergraduate Research Assistant**

***Thought, Stress, and Immunity Study &***

***Daily Activity and Health in the Lives of Adult Women Study***

Psychoneuroimmunology Research Lab

University of Kentucky, Lexington, KY

Faculty Advisor: Suzanne Segerstrom, Ph.D., M.P.H.

2017  **Undergraduate Research Assistant with Independent Project**

***Healthy Brain Aging Sub-Study***

Psychoneuroimmunology Research Lab

University of Kentucky, Lexington, KY

Research Project: Socioeconomic context predicts white mater integrity in healthy older adults

Faculty Advisors: Suzanne Segerstrom, Ph.D., M.P.H., and Mark Prendergast Ph.D.

2016 **Summer Undergraduate Research Assistant** (part-time)

***Thought, Stress, and Immunity Study &***

***Daily Activity and Health in the Lives of Adult Women Study***

Psychoneuroimmunology Research Lab

University of Kentucky, Lexington, KY

Supervisor: Suzanne Segerstrom, Ph.D., M.P.H.

# TEACHING EXPERIENCE

January 2024 — May 2025 **Teaching Assistant** for Neuropharmacology Spring 2024

University of Kentucky Psychology Department

Supervisor: Dr. Lynda Sharrett-Field, Ph.D.

# HONORS & SCHOLARSHIPS

2024 **Paul D. Maclean Scholars Travel Award**, American Psychosomatic Society

2023— 2024 **UK Scholarship in Aging Award**, University of Kentucky Office of Lifelong Learning

2016 — 2017 **Dean’s List**, College of Arts and Sciences, University of Kentucky

# PROFESSIONAL AFFILIATIONS & SERVICE

2025 — Present Graduate Student Member on the **American Psychological Association Committee on Aging**

2025 — Present Member of the **American Psychological Association for Graduate Students**

2024 — Present Member of the **International Neuropsychological Society**

2019 — Present Member of the **Society for Biopsychosocial Science and Medicine** (formerly American Psychosomatic Society)

2022 — Present Campus Representative for the **Society for Clinical Psychology (Division 12)**

2021 — 2024 Committee Member for the **Diversity, Equity, and Inclusion Committee,** University of Kentucky Department of Psychology

2021 — 2024 Member of the **Student Advocacy Committee,** University of Kentucky Department of Psychology

2022 — 2023 Member of the **Gerontological Society of America**

2019 — 2021 **Association for Psychological Science Member**

2017 **NeuroCATS Founder**, University of Kentucky

2016 —2017 **Psychology Student Association**, University of Kentucky