

CURRICULUM VITAE

Mary Beth Diener McGavran

CONTACT AND BIOGRAPHICAL INFORMATION

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EDUCATION

1990 **Bachelor of Arts in Psychology with Honors**
Grinnell College
Phi Beta Kappa

1995 **Master of Arts in Clinical Psychology**
University of Kentucky, College of Arts and Sciences, Lexington, KY

1999 **Doctor of Philosophy in Clinical Psychology**
University of Kentucky, College of Arts and Sciences, Lexington, KY
* American Psychological Association and Psychological Clinical Science
accredited program

ACADEMIC AND PROGRAM AFFILIATIONS

2002 - present **Clinical Psychology Doctoral Program Faculty**, University of Kentucky
2018 - 2022 **Center for Equality and Social Justice Affiliate**, University of Kentucky
2020 - present **Center for Health Equity Transformation Affiliate**, University of Kentucky

LICENSURE

2001 - present **Licensed Psychologist, Health Services Provider**
Kentucky #3128937, Legacy License # 1221

2000 - 2001 **Provisionally Licensed Psychologist**
Texas #31522

PROFESSIONAL POSITIONS

2017 - present **Associate Professor**,
Department of Psychology, University of Kentucky

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| 2015 - 2017 | Assistant Professor, Department of Psychology, University of Kentucky |
| 2007 - 2014 | Senior Lecturer Department of Psychology, University of Kentucky |
| 2002 - 2007 | Lecturer Department of Psychology, University of Kentucky |
| 2001 - 2002 | Visiting Assistant Professor Department of Psychology, University of Kentucky |
| 1999 - 2001 | Staff Psychologist Counseling and Mental Health Center, University of Texas at Austin |
| 1998 - 1999 | Pre-doctoral Intern in Professional Psychology Counseling Center, University of Illinois at Urbana-Champaign |

ADMINISTRATION AND LEADERSHIP POSITIONS

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| July 1, 2024 - | Co-Director of Clinical Training (begins after sabbatical semester) |
| 2015 - 2023 | Associate Director of Clinical Training Clinical Psychology, Department of Psychology, University of Kentucky <ul style="list-style-type: none">• Complete successful PCSAS self-study and accreditation.• Complete successful 10-year APA self-study and accreditation.• Help lead program through COVID-19 crisis/manage clinical training during pandemic.• Transition to telehealth/telepsychology, including training requirements, HIPAA, legal and ethical implementation.• Meet student training needs while ensuring safety during COVID-19 pandemic.• Ensure training program meets legal and ethical requirements. |
| 2010 - 2023 | Practicum Placement Coordinator and Faculty Liaison Clinical Psychology, Department of Psychology, University of Kentucky |
| Fall 2007 | Interim Director of Clinical Training Department of Psychology, University of Kentucky |

TEACHING, UNIVERSITY OF KENTUCKY

Undergraduate:

PSY 399: Field-Based/Community Based Education in Psychology
PSY 313: Personality and Individual Differences, large lecture class
PSY 313: Personality and Individual Differences, Scholars Program
PSY 313: Personality and Individual Differences, online course development
PSY 331: Psychology of Adjustment
PSY 430: Research in Personality Lecture/Lab
PSY 561: Capstone Seminar – Child Psychopathology

Graduate:

PSY 629: Introduction to Clinical Psychology
PSY 636: Systems of Psychotherapy
PSY 637 & 639: Practicum in Psychological Assessment and Intervention
PSY 710: Special Topic in Psychology: Multiculturalism in Therapy
PSY 780: Problems in Psychology – Professional Development

Last 5 years:

PSY 399: Field-based/Community-based education in psychology, x3
EXP 510: International Service Learning, x2
 Shoulder to Shoulder, in-person classroom teaching and community-based learning, interdisciplinary program
PSY 629: Introduction to Clinical Psychology, x5
PSY 636: Systems of Psychotherapy, x5
PSY 637/639: Practicum in Psychological Assessment and Intervention x18 sections (most on DOE; some volunteer extra sections and summer sections needed for coverage or continuity of care and training)
PSY 710: Special Topic in Psychology: Multiculturalism in Therapy, x2

ACADEMIC COMMITTEE MEMBERSHIP (LAST 5 YEARS), UNIVERSITY OF KENTUCKY

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| 2022 - 2023 | Master's Thesis Committee , Alex Hines, Psychology |
| 2021 - present | Master's Thesis, Qualifying Examination, and Doctoral Advisory Committees Mary Levi, Psychology |
| 2022 - present | Qualifying Examination and Doctoral Advisory Committee , Sue Mize, English |
| 2023 | Doctoral Advisory Committee, Outside Examiner , Kelsey Redmayne, Counseling Psychology |
| 2022 - 2023 | Master's Thesis Committee , Doug Terrill, Psychology |
| 2022 - present | Qualifying Examination and Doctoral Advisory Committee , Will Bowling, Psychology |
| 2021 - present | Qualifying Examination and Doctoral Advisory Committee , Anjeli Elkins, Psychology |
| 2021 - 2023 | Master's Thesis Committee , Emily Fenlon, Psychology |
| 2021 - 2023 | Qualifying Examination and Doctoral Advisory Committee , Tia Borger, Psychology |
| 2022 | Doctoral Advisory Committee, Outside Examiner , Rena Goodwin, EDP |
| 2018 | Qualifying Examination and Doctoral Advisory Committee , Charles (Alex) Brake, Psychology |
| 2018 | Doctoral Advisory Committee , Outside Examiner, Gabriela Jiskora, EDP |
| 2018 | Doctoral Advisory Committee , Outside Examiner, Venus Wong, EDP |

PSYCHOLOGY DEPARTMENT SERVICE (LAST 5 YEARS), UNIVERSITY OF KENTUCKY

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| 2018 - present | Graduate Student Advisory Committees, x6 |
| 2023 - present | Faculty Mentor for new Clinical Title Series faculty |
| 2022 - 2023 | Clinical Title Series Faculty Search Committee |

- 2023 **Faculty Contributor and Planner**, 3-part workshop series for undergraduates about graduate school
- 2019 - 2020;
2023 - present **Curriculum Committee Member**
- 2020 - 2022 **Supervisor**, 75 – 85 academic assessments per year conducted by graduate students for training at a local school; volunteer supervision so students have the opportunity to provide these assessments.
- 2020 - present **Inclusive Excellence Committee Member**
- 2020 **Anti-racism book club organizer and host**, graduate students in clinical psychology. Students wanted a forum to discuss racism.
- 2019 **Regular Title Faculty Search Committee**
- 2018 - 2020 **Training in Supervision of Clinical Supervision** – voluntary training for graduate students with biweekly meetings.
- 2018 - 2022 **Supervisor**, in-person training, interviews, supervision for employment assessment at Harris Center with Lexington Fire Department, >30

COLLEGE AND INSTITUTIONAL SERVICE (LAST 5 YEARS), UNIVERSITY OF KENTUCKY

- 2018-2023 **Volunteer supervisor**: individual therapy, therapy groups and assessment training for graduate trainees; multiple extra sections outside of DOE.
- 2023 **Judge**, interdisciplinary global health competition; serves students from every college at UK.
- 2022 **Educator**, interdisciplinary global health competition, advisory faculty around issues of mental health.
- 2022 **Educator**, video education series in collaboration with CESJ and College of Medicine, refugee and recent immigrant stressors and mental health.
- 2018 - 2020 **Faculty and Instructor**, Interdisciplinary program in global health: Shoulder to Shoulder; A&S students, Allied Health, Pharmacy, Nursing, and College of Medicine.
- 2015 - 2017 **Adopt-a-Student Faculty Mentor**, University of Kentucky, College of Arts and Sciences

SERVICE TO THE PROFESSION (LAST 5 YEARS)

- 2022 - present **Application Statement Feedback Program, Editor**.
National program to provide feedback on anonymous application materials for psychology applicants before they apply to doctoral programs with goal to level the field and increase equity in application process.
- 2021 **Kentucky Psychological Association Leadership Academy, Mentor**.
Mentor early career psychologist with interests in leadership and work with immigrants in a year-long mentoring program.
- 2021 **Clinical Supervisor and Pilot Tester**. Development and Evaluation of Culturally Competent Intake and Case Conceptualization Tools for Clinical Psychology Training Programs.

PROFESSIONAL SERVICE (LAST 5 YEARS) TO PEOPLE OF THE COMMONWEALTH OF KENTUCKY

- 2022 - present **Provider and Supervisor of Trainees**, Support group for Spanish-speaking parents of children with disabilities, Un Abrazo Amigo
Cardinal Valley Elementary School in conjunction with Un Abrazo Amigo
Provide mental health information and emotional support; facilitate families supporting one another.
- 2023 - present **Red Cross Disaster Mental Health Team Volunteer**
Red Cross Bluegrass Region and State of Kentucky
Support services and disaster mental health coverage. On-call two days each week to support citizens in the Commonwealth who experience fire or natural disaster. Typical caseload 4 -6 people per week.
Consult with Red Cross caseworkers and first responders for mental health and crisis situations.
- 2021 - present **Pro-bono Mental Health Provider**
Lexington, KY
Support and free weekly therapy for people who are refugees or asylum-seekers living in Lexington, KY.
- 2019 - 2021 **Volunteer Provider**, Lexington, KY
Office of Refugee Resettlement service grant provider for pro-bono services
Kentucky Refugee Ministries, Lexington, KY
- Collaborate with KRM to develop free mental health services to refugees.
 - Train students to provide these services.
- 2015 - 2021 **Service Provider**, Office of Refugee Resettlement, US Department of Health & Human Services through Survivors of Torture Recovery Center, Louisville.
Provide pro-bono direct services, community training and consultation, and clinical supervision of junior clinicians.

PEER-REVIEWED JOURNAL ARTICLES

1. Usher, E. L., Golding, J. M., Han, J., Griffiths, C. S., **McGavran, M. B.**, Brown, C. S., & Sheehan, E. A. (2021). Psychology students' motivation and learning in response to the shift to remote instruction during COVID-19. *Scholarship of Teaching and Learning in Psychology*. <https://doi.org/10.1037/stl0000256>
2. Golding, J. M., **McGavran, M. B.**, Susman, D., & Wright, R. (2020). Demystifying One's Chances of Acceptance into Clinical PhD Psychology Programs. *Teaching of Psychology*, 47(1), 97–101. <https://doi.org/10.1177/0098628319889537>
3. Diener, M.L & **McGavran, M.B.** (2008). What makes people happy? A developmental approach to the literature on family relationships and well-being. In R. Larson & M. Eid (Eds.), *The Science of Subjective Well-Being*. New York: Guilford Press
4. Lorch, E.P., **Diener, M.B.**, Sanchez, R.P., Milich, R., Welsh, R., & van den Broek, P. (1999). The effects of story structure on the recall of stories in children with attention deficit hyperactivity disorder. *Journal of Educational Psychology*, 91, 273-283.

5. Landau, S., Milich, R., & **Diener, M.B.** (1998). Peer relations of children with attention-deficit hyperactivity disorder. Reading and Writing Quarterly: Overcoming Learning Difficulties, 14, 83-105.
6. Diener, E. & **Diener, M.B.** (1998). Subjective well-being (happiness). In H.S. Friedman (Ed.), Encyclopedia of mental health. San Diego: Academic Press.
7. **Diener, M.B.** & Milich, R. (1997). The effects of positive feedback on social interactions in children with ADHD: A test of the self-protective hypothesis. Journal of Clinical Child Psychology, 26, 256-263.

SELECTED INVITED PRESENTATIONS/CONTINUING EDUCATION WORKSHOPS (LAST 5 YEARS)(^{*}student)

1. **McGavran, M.B.** (April 2018). Addressing mental health needs within Kentucky's refugee population. Continuing education workshop presented at Kentucky Psychological Foundation's 2018 Diversity Conference, Louisville, KY.
2. **McGavran, M.B.** (April 2019). Welcoming refugees into the Commonwealth. Center for Equality and Social Justice, University of Kentucky.
3. *Flores, J., *Rivera-Rivera, J. N. & **McGavran, M.B.** (2019). Estrategias para manejar el estrés/Strategies for managing stress. Invited presentation for UK HealthCare community collaboration.
4. *Flores, J., *Rivera-Rivera, J. N. & McGavran, M. B. (2019). Estrategias para manejar los berrinches en niños/Strategies for managing tantrums in children. Invited presentation for UK HealthCare's community collaboration.
5. **McGavran, M.B.** (September 2019). Understanding stressors of people who are refugees in this country. Invited presentation at University of Kentucky.
6. *Flores, J., **McGavran, M. B.** (2021, July). Mente sana/Healthy mind. Invited presentation for UK HealthCare's community collaboration.
7. *Flores, J., **McGavran, M.B.** (2021, April). Cultivando una mente sana/Cultivating a healthy mind. Invited presentation for UK HealthCare's community collaboration.

GRANT CONTRIBUTIONS

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| 2023 submission | Research Project Grant, National Institute on Aging (Co-Investigator/Consultant; B. Gold PI) Self-regulation and Brain and Cognitive Health in Older Adults |
| 2019 – 2022 | Research Project Grant, National Institute on Aging (Co-Investigator/Consultant; S. Segerstrom PI) R01-AG026307 The Thought, Stress, and Immunity Study |

HONORS AND AWARDS

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| 2024 | Exceptional Volunteer Service Award, Kentucky Red Cross |
| 2017 | Diversity and Inclusion Award Winner College of Arts and Sciences, University of Kentucky |
| 2016 | Diversity and Inclusion Award Nominee College of Arts and Sciences, University of Kentucky |

- 1996 American Psychological Association, Division 12 Student Research Award
Invited paper presentation APA annual meeting in Toronto.
- 1994-1995 Fellowship in Interdisciplinary Leadership and Training
Interdisciplinary Human Development Institute, University of Kentucky
- 1990 Phi Beta Kappa

PROFESSIONAL MEMBERSHIPS

Society for a Science of Clinical Psychology

Kentucky Psychological Association

American Psychological Association

Society for Teaching in Psychology

Division 12 Clinical Psychology

Association of Psychological Training Clinics, Associate Member