

Frances J. Griffith, PhD

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Research Interests

Context-aware digital health | Substance use prevention
Mental health equity | Peer leadership | Arts-based approaches

Appointments

2025 – Present **Assistant Professor**, Psychology, University of Kentucky
2023 – 2025 **Postdoctoral Fellowship**, National Institute on Drug Abuse (NIDA) T32, in Substance Use Prevention
Yale School of Medicine, Department of Psychiatry,
Division of Prevention and Community Research

Education

2022 – 2023 **Predoctoral Internship** in Clinical and Community Psychology
Yale University, Department of Psychiatry,
Division of Prevention and Community Research, The Consultation Center
2018 – 2023 **PhD**, Psychology, Clinical-Community emphasis
Bowling Green State University
Dissertation: Can Social Media Contact Reduce Stigma? Promoting Empathy with the Art and Writing of People Experiencing Mental Illness
2011 – 2013 **MS**, Art Therapy, **Florida State University**
2006 – 2010 **BA**, Studio Art, Education (Minor), **Vassar College**

Grants

(In review) **Elder Justice Innovation Grant** for *Financial monitoring for supported decision making among people with mental health disabilities*
Administration for Community Living
Role: Consultant
(JIT requested) **R34 Innovative Pilot Mental Health Services Research** for *Financial Tools Access and Navigation (FinTAN) for Supported Financial Decision Making*
National Institute of Mental Health
Role: Co-investigator
2023 **Propelus Innovation Corps (I-Corps) Grant**, \$3,000 for *customer discovery for minimum viable product (MVP) development*
National Science Foundation (NSF), I-Corps Hub Northeast Region
Role: Co-Entrepreneurial Lead
2023 **Conference Presenter Grant**, \$900 for *the 2023 SCRA Biennial*
Department of Psychology, Bowling Green State University
2020 **Local Community Giving Grant**, \$1,000 for *The Connection Center mural*
Walmart Community Foundation, Bowling Green, OH
2019 **Conference Presenter Grant**, \$900 for *the 2019 SCRA Biennial*
Department of Psychology, Bowling Green State University
2017 **Peggy Ross Grant**, \$600 for *the Oregon State Hospital mural series*
Oregon State Hospital

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2016	Teacher Mini-Grant , \$500 for the ArtSmart school outreach program Junior League of High Point, NC
2016	Local Community Giving Grant , \$1,000 for the Art for Health mural series Walmart Community Foundation, High Point, NC
2015	The Pollination Project Grant , \$1,000 for consultation at Kilimanjaro Christian Medical Center, Moshi, TZ, The Pollination Project
2014	Eliza Buffington Alumni Research Fellowship , \$5,000 for arts-based ethnography in Kondo, TZ, Vassar College
2013 – 2014	AmeriCorps Partnership to End Homelessness Grant Stipend , \$12,000 for peer-led arts-based program development and evaluation in Greensboro, NC Corporation for National and Community Service
2013	Conference Presenter Grant , \$300 for AATA 2013 Florida State University
2010 – 2011	AmeriCorps VISTA Grant Stipend , \$12,000 for mentorship program development and capacity-building in Charleston, SC Corporation for National and Community Service

Awards

2024	Citation Award , Conference Abstract Society for Behavioral Medicine (SBM)
2022	Charles E. Shanklin Award , \$1,250 for research excellence The Graduate School, Bowling Green State University
2021	Larry and Lorraine Nulton Clinical Research Award , \$900 Donald and Zella Leventhal Memorial Award , \$500 Letter of Commendation in recognition of outstanding achievement Department of Psychology, Bowling Green State University
2013	Summa Cum Laude Florida State University
2010	General, Departmental Honors Lewis Rubenstein Award for excellence in art Vassar College

Peer-Reviewed Publications

- Schrader, S.W., Miller-Roenigk, B.D., Crouch, M., Simmons, S.C., **Griffith, F.J.**, & Gordon, D.M. (In press). An examination of the difficulties in emotion regulation scale (DERS) factor structure in adult education learners. *New Horizons in Adult Education and Human Resource Development*.
- Griffith, F.J.**, †Kirklewski, S., †Takenaka, B.P., Nicholson, E., Lauckner, C.K., Gibbs, J., Hansen, N.B., & Kershaw, T. (2025). 'This is fine': Using social media imagery to understand the experiences, stress, and resilience of sexual minority men and non-binary individuals during the COVID-19 pandemic. *American Journal of Community Psychology*.
<http://doi.org/10.1002/ajcp.12801>

† Denotes undergraduate, postgraduate, or graduate student co-author/research mentee

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3. **Griffith, F.J.**, Ash, G.I., †Augustine, M., †Latimer, L., Verne, N., Redeker, N.S., O'Malley, S.S., DeMartini, K.S., & Fucito, L.M. (2024). Natural language processing in convergent mixed-methods evaluation of a digital sleep-alcohol intervention for young adults. *Nature Portfolio Journal: Digital Medicine*. <https://doi.org/10.1038/s41746-024-01321-3>
4. **Griffith, F.J.**, & Stein, C.H. (2024). Online arts-based interventions from peer influencers to reduce mental health stigma: A randomized-controlled trial. *Health Communication*. <https://doi.org/10.1080/10410236.2024.2403171>
5. **Griffith, F.J.**, Simmons, S., Schrader, S., Miller-Roenigk, B.D., Crouch, M., & Gordon, D.M. (2024). Crisis, conserving resources, and confidence: Examining how adult education students navigate stressors and marginalization. *Adult Learning*. <https://doi.org/10.1177/10451595241291888>
6. †Takenaka, B.P., Kirklewski, S.J., **Griffith, F.J.**, Gibbs, J.J., Lauckner, C.K., Nicholson, E., Tengtanga, C., Hansen, N.B., & Kershaw, T. (2024). "It's another gay disease": An intersectional qualitative approach contextualizing the lived experiences of young gay, bisexual, and other sexual minoritized men in the United States during the mpox outbreak. *BMC Public Health*, 24, 1574. <https://doi.org/10.1186/s12889-024-19062-z>
7. Stein, C.H., **Griffith, F.J.**, Rudd, M.F., & Kalantzis, M.A. (2023). What should I say? Online dating and disclosure experiences of adults with mental illness in long-term romantic relationships. *Journal of Community & Applied Social Psychology*, 33(6). <https://doi.org/10.1002/casp.2739>
8. Crouch, M.C., Miller-Roenigk, B.D., Schrader, S.W., **Griffith, F.J.**, Simmons, S., & Gordon, D.M. (2023). Potentially traumatic events of women of color in an urban adult basic education program. *Journal of Aggression, Maltreatment & Trauma*, 1-19. <http://doi.org/10.1080/10926771.2023.2231384>
9. **Griffith, F.J.**, Redondo, R.A., & Diggins, E. (2022). Size, food, and sensuality: Predictors of network engagement in weight-inclusive Instagram communities. *The Journal of Social Media and Society*, 11(2).
10. **Griffith, F.J.**, †Dietrich, K. M., Wong, S., Exline, J.J., & Pargament, K. I. (2022). 'The music was speaking to me': Using narrative inquiry to describe sacred moments with music. *The Arts in Psychotherapy* 79. <https://doi.org/10.1016/j.aip.2022.101911>
11. Russin, S., Tilstra-Ferrell, E., & **Griffith, F.J.** (2022). Dating in the wake of trauma and abuse: Relationship experiences of individuals with posttraumatic stress disorder. *Journal of Aggression, Maltreatment, & Trauma*. <https://doi.org/10.1080/10926771.2022.2112338>
12. **Griffith, F.J.**, †Hoag, J., †Gay, K., & Stein, C.H. (2021). #MentalHealthArt: How Instagram artists promote mental health awareness online. *Public Health*, 194, 67-74. <https://doi.org/10.1016/j.puhe.2021.02.006>
13. **Griffith, F.J.**, & Stein, C.H. (2021). Behind the hashtag: Online self-identification of mental illness and community response on Tumblr. *American Journal of Community Psychology*, 67(3-4), 419-432. <https://doi.org/10.1002/ajcp.12483>
14. Dulek, E.B., Russin, S., Rudd, M.F., **Griffith, F.J.**, & Stein, C.H. (2021). Personal loss, parental relationships, and caregiving intentions among adult siblings of individuals with mental illness. *Journal of Child and Family Studies*, 30, 1607–1618. <https://doi.org/10.1007/s10826-021-01960-0>

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15. **Griffith, F. J.**, & Bingman, V.E. (2020). Drawing on the brain: An activation likelihood estimate (ALE) meta-analysis of functional neural activation while drawing. *The Arts in Psychotherapy*, 71, 101690. <https://doi.org/10.1016/j.aip.2020.101690>
16. **Griffith, F.J.** & Bauer-Leffler, S. (2018). What is a healthy mind? Art informs recovery at a state psychiatric hospital. *Art Therapy* 35(1), 42-47. <https://doi.org/10.1080/07421656.2018.1459117>
17. **Griffith, F.J.**, Seymour, L., & Goldberg, M. (2015). Reframing art therapy to meet psychosocial and financial needs in homelessness. *The Arts in Psychotherapy*, 46, 33-40. <https://doi.org/10.1016/j.aip.2015.09.007>
18. **Morris (Griffith), F.J.** (2014a). Considerations in art e-therapy for anxiety disorders. *Journal of Depression and Anxiety*, 4(170), 1-6. <https://doi.org/10.4172/2167-1044.1000170>
19. **Morris (Griffith), F.J.** (2014b). Should art be integrated into cognitive behavioral therapy for anxiety disorders? *The Arts in Psychotherapy*, 41, 343-352. <https://doi.org/10.1016/j.aip.2014.07.002>
20. **Morris (Griffith), F.J.**, & Willis-Rauch, M. (2014). Join the art club: Exploring social empowerment in art therapy. *Art Therapy*, 31(1), 28-36. <https://doi.org/10.1080/07421656.2014.873694>

Published Chapters

1. **Griffith, F.J.**, & Simmons, S.C. (2025). Affinity and advocacy: Online communities for people experiencing mental health conditions. In M. Yzer and J. Siegel (Eds.), *The Handbook of Mental Health Communication: Volume 1*. Wiley. ISBN: 978-1-394-17989-3

Manuscripts in Revision and Review

1. Simmons, S., **Griffith, F. J.**, DeCrose-Movson, E., †Kruger, M., Funaro, M., & Childs, A. (In revision). Shortening the stay for youth in acute psychiatric settings: A scoping review of interventions. *Psychiatric Services*.
2. **Griffith, F.J.**, Ellison, O., Kunchay, S., †Augustine, M., DeMartini, K.S., †Fatigate, M., †Latimer, L., O'Malley, S.S., Redeker, N.S., Ash, G.I., & Fucito, L.M. (In review). Young adults' experiences with an Oura Ring physiological and behavioral feedback intervention for alcohol reduction: A mixed methods evaluation. *Journal of Medical Internet Research*.
3. **Griffith, F.J.**, Viera, A., †Carroll, K., †Buckshee, D., †Jian, C., Hansen, N.B., Muilenburg, J.L., Kershaw, T., & Lauckner, C.K. (In review). 'Anything you need, you can find it': Strategic disclosure and peer support-seeking on social media by adults in substance use recovery. *Substance Use and Misuse*.
4. **Griffith, F.J.**, & Stein, C.H. (In review). What motivates mental health peer influencers to post artwork about their lived experience on social media? *Stigma and Health*.
5. Carroll, K., Warnock, C.A., Ondrusek, A., **Griffith, F.J.**, Viera, A., Hopkins, N., Muniz-Almaguer, C., Jian, C., Ferrara, C.F., Muilenburg, J., & Kershaw, T. (In review). "We both use dope. So what makes me better than them?": A qualitative inquiry into substance use, experiences of stigmatization, and coping methods among people in substance use treatment. *Drug and Alcohol Dependence Reports*.

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6. Takenaka, B.P., Weerakoon, S.M., **Griffith, F.J.**, Carroll, K., Viera, A., Nicholson, E., Kirklewski, S.J., Hansen, N.B., Kershaw, T. (In review). Spatializing COVID-19 policy periods on substance use and sexual behaviors of queer men and non-binary individuals. *Health and Place*.

Manuscripts in Preparation

1. **Griffith, F.J.**, [†]Takenaka, B.P., [†]Carroll, K., Kirklewski, S., Nicholson, E., Hansen, N.B., & Kershaw, T.K. (In prep). Stigma and spaces: The importance of place-based affirmation for the mood, alcohol and substance use of men who have sex with men.
2. **Griffith, F.J.**, Kirklewski, S., Nicholson, E., Hansen, N.B., & Kershaw, T.K. (In prep). A spatial latent class analysis of activity spaces among men who have sex with men.
3. **Griffith, F. J.**, [†]Henry, A., [†]Wells III, M., Hunter, B., White, D., & Gordon, D.M. (In prep). Relatable, relevant, and representative: Strategies for online community organizing and health promotion.
4. **Griffith, F.J.**, Hailes, H., & Harper, A. (In prep). Technology and financial literacy in community mental health consumers.
5. Kershaw, T., Takenaka, B.P., **Griffith, F.J.**, Barbour, R., Kirklewski, S., Tengtenga, C., Nicholson, E., Lauckner, C.K., Gibbs, J., & Hansen, N.B. (In prep). Using smartphones and GPS technology in public health and HIV/AIDS prevention research for men who have sex with men.
6. **Griffith, F.J.**, & Stein, C.H. (In prep). Compelling or confusing? The role of aesthetic evaluations of online art and writing about mental health conditions in promoting empathy in viewers.

Technical Reports & Manuals

1. Fucito, L.M., DeMartini, K.S., **Griffith, F.J.**, Augustine, M., & Maltz, C. (2023). *Manual of procedures: Deep phenotyping of heavy drinking in young adults with behavioral scales, neuropsychological tasks, and smartphone sensing technology*.
2. **Griffith, F.J.**, Simmons, S.C., & Gordon, D.M. (2023). *New Haven Adult & Continuing Education Center focus group and survey report*.
3. Byrd, R., Forlano, R., Meza-Gonzales, E., O'Connor, I., Olsen, S., Papa, A., **Griffith, F.J.**, Fulara, D., & Kaufman, J. (2023). *Consumer perspectives of the current environment and service programs at Connecticut Mental Health Center: Focus group report*.
4. Gordon, D.M., **Griffith, F.J.**, Henry, A., Hunter, B., Wells, M., & White, D., (2023). *Data summary of the New Haven Health Education and Literature (HEaL) initiative: A community driven effort*.
5. Gordon, D.M., Henry, A., White, D., **Griffith, F.J.**, & Wells, M. (2023). *New Haven Health Education and Literature (HEaL) policies and procedures manual*.
6. **Griffith, F.J.**, Angoff, H.D., Zoleta, C., & Sims, T.E. (2022). *Thomas M. Wernert Center needs assessment report*.

Other Publications

1. **Griffith, F.J.** (2023). *Can social media contact reduce stigma? Promoting empathy with the art and writing of people experiencing mental illness* [Doctoral dissertation, Bowling Green State University]. OhioLINK Electronic Theses and Dissertations Center.

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http://rave.ohiolink.edu/etdc/view?acc_num=bgsu1682346083696689

2. **Griffith, F.J.**, & Stein, C.H. (2021). Coping with mental illness on Tumblr. *Community Psychology*. <https://www.communitypsychology.com/coping-with-mental-illness-on-tumblr/>
3. **Morris (Griffith), F.J.** (2014). 4 simple ways you can integrate art and anxiety therapy. *Anxiety.org*. <https://www.anxiety.org/experts/4-simpleways-integrate-art-anxiety-therapy>
4. **Morris (Griffith), F.J.** (2013). *Brief cognitive behavioral art therapy for anxiety disorders* (Paper 7518). [Master's thesis, Florida State University]. Electronic Theses, Treatises and Dissertations. <http://diginole.lib.fsu.edu/etd/7518>

Invited Talks & Workshops

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| 2025 | Navigating social media peer communities focused on mental health & substance use challenges
University of Minnesota , Mental Health Mass Communication Symposium |
| 2024 | Peer-Driven Digital Health for Underserved Communities
Rochester Institute of Technology , Department of Psychology |
| 2024 | Peer-Driven Digital Health for Underserved Communities
University of Kentucky , Department of Psychology |
| 2024 | Peer-Driven Digital Health for Underserved Communities
University of Memphis , Department of Psychology |
| 2024 | Peer-Driven Digital Health for Underserved Communities
Coastal Carolina , Department of Psychology |
| 2024 | Peer leadership and digital mental health: Nontraditional care models to increase access for marginalized communities
Oregon State University , Department of Psychology |
| 2022 | Introduction to Psychometrics
Art Therapy Credentials Board (ATCB) |

Peer-Reviewed Presentations & Posters

1. **Griffith, F.J.**, Simmons, S. C., Carroll, K., Viera, A., Jian, C., Nicholson, E., Muilenburg, J., Hansen, N., Kershaw, T. & Lauckner, C. (2025). *Navigating social media peer communities focused on mental health & substance use challenges*. [Talk]. Mental Health Mass Communication Symposium, University of Minnesota, Minneapolis, MN.
2. Takenaka, B.P., **Griffith, F.J.**, Barbour, R., Kirklewski, S., Tengtenga, C., Nicholson, E., Lauckner, C.K., Gibbs, J., Hansen, N.B., & Kershaw, T. (2024). *Using smartphones and GPS technology in public health and HIV/AIDS prevention research for men who have sex with men*. [Paper]. 25th International AIDS Conference, Munich, Germany.
3. **Griffith, F.J.**, Ash, G.I., †Augustine, M., †Latimer, L., Verne, N., Redeker, N.S., O'Malley, S.S., DeMartini, K.S., & Fucito, L.M. (2024). *Call it a Night: An evaluation of the feasibility and acceptability of a digital sleep intervention for alcohol use in young adults*. [Poster]. Society for Behavioral Medicine 2024, Philadelphia, PA.
4. **Griffith, F.J.**, Ash, G.I., †Augustine, M., †Latimer, L., Verne, N., Redeker, N.S., O'Malley, S.S., DeMartini, K.S., & Fucito, L.M. (2024). *Call it a Night: Leveraging natural language processing*

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to evaluate user experiences with a digital sleep intervention to deduce drinking. [Lightning talk]. Yale AI in Medicine Inaugural Symposium, New Haven, CT.

5. **Griffith, F.J.**, & Stein, C.H. (2023). *Reducing stigma towards mental illness through an online art and writing intervention: A randomized controlled trial.* [Poster]. APA Division 27, Society for Community Research and Action (SCRA) Biennial, Atlanta, GA.
6. Grant, N., Arora, I., **Griffith, F.J.**, Fulara, D., Kaufman, J., and The Consumer Research Team. (2023). *Consumers' experiences of community mental health during COVID-19: A community-based participatory investigation.* [Symposium]. APA Division 27, Society for Community Research and Action (SCRA) Biennial, Atlanta, GA.
7. **Griffith, F.J.**, Sims, T.E., Simon, S.L., & Stein, C.H. (2022). *Working mother's accounts of everyday life while sheltering in place during COVID-19* [Paper]. Association of Women in Psychology, Chicago, IL.
8. **Griffith, F.J.**, Dietrich, K.M., Wong, S., Pargament, K.I., Exline, J.J., Wong, S., Pargament, K.I., & Exline, J.J. (2020). 'The song spoke to me:' Describing sacred moments in music. In K. Pargament (Chair), *An ear for the extraordinary: Descriptives, predictors, and consequences of sacred moments in ordinary musical experience* [Symposium]. American Psychological Association Conference, Virtual Conference.
9. **Griffith, F.J.**, Hoag, J., Gay, K., Hartl-Majcher, J., Rudd, M. & Stein, C. (2019). *#MentalIllnessArt: Creative expression on social media and the response of online community audiences* [Poster]. APA Division 27, Society for Community Research and Action (SCRA) Biennial, Chicago, IL.
10. **Griffith, F.J.**, & Stein, C.H. (2019). *#MentalHealth: Expression, disclosure, and community response on social media.* In. J. Hartl-Majcher (Chair), *Social media: Empowering marginalized individuals to build community and advocate for positive social change* [Symposium]. APA Division 27, SCRA Biennial, Chicago, IL.
11. Dulek, E., Russin, S., Rudd, M.F., Walker, K., **Griffith, F.J.**, & Stein, C.H. (2019). Family matters: Parental relationships and siblings' intentions to provide care for adults coping with mental illness. In C. Stein (Chair), *Understanding experiences of well siblings of adults coping with serious mental illness* [Symposium]. APA Division 27, SCRA Biennial, Chicago, IL.
12. Dulek, E., Russin, S., **Griffith F.J.**, & Stein, C.H. (2019). *A scoping review of identity, quality of life, and community integration among older adults living with serious mental illness* [Poster]. APA Division 27, SCRA Biennial, Chicago, IL.
13. Russin, S.E., Dulek, E.B., **Griffith, F.J.**, & Stein, C.H. (2019). *Socioeconomic status and perceived parental interactions in young adults' reports of self-compassion and belonging in college.* [Poster]. APA Division 27, Society for Community Research and Action Biennial Conference, Chicago, IL.
14. **Griffith, F.J.**, Redondo, R.A., & Diggins, E. (2019). *#Fatspiration: A mixed-methods content analysis of body positive posts on Instagram* [Poster]. UT-BGSU-UMD Research Symposium, University of Toledo, Toledo, OH.
15. **Morris (Griffith), F.J.** (2014). *Cognitive behavioral art therapy for anxiety disorders* [Paper]. American Art Therapy Association 45th Annual Conference, San Antonio, TX.
16. **Morris (Griffith), F.J.**, & Willis-Rauch, M. (2013). *Join the art club: Exploring social empowerment art therapy* [Paper]. American Art Therapy Association 44th Annual Conference,

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Seattle, WA.

17. **Morris (Griffith), F.J., & Rojas, M. (2013).** *Art therapy and trauma: A therapeutic approach with children* [Workshop]. Instilling Hope II: Trauma Informed Care Conference, Tallahassee, FL.
18. **Morris (Griffith), F.J. (2012).** *Art therapy in hospice care* [Invited in-service presentation]. Big Bend Hospice. Tallahassee, FL.

Research & Evaluation Experience

Funded Research and Evaluation Experience

2023 – 2025

ENRICH Research Group

Yale University, School of Public Health

Mentor: Trace Kershaw, PhD

Contributions: Research mentorship (postgraduate assistants, doctoral and masters students, interns), consultation, data analysis, manuscript conceptualization and writing

R01AA030487, National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Topic: Evaluation of a combined motivational interviewing and ecological momentary intervention to reduce risky alcohol use among sexual minority males and transgender individuals

PIs: Carolyn Lauckner, PhD, Trace Kershaw, PhD

Role: Postdoctoral fellow

R01AA025954, National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Topic: Understanding relapse and the impact of social networks and geographic settings during treatment for alcohol-related problems

PIs: Trace Kershaw, PhD, Jessica Muilenburg, PhD

Role: Postdoctoral fellow

2023 – 2025

Digital INSIGHTs Lab

Yale University, Department of Psychiatry

Mentors: Lisa Fucito, PhD, Kelly DeMartini, PhD

Contributions: Research mentorship (postgraduate assistants and interns), clinical supervision, consultation, data analysis, manuscript conceptualization and writing, study manual writing

R01AA030136, National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Topic: Deep phenotyping of heavy drinking in young adults with behavioral scales, neuropsychological tasks, and smartphone sensing technology

PIs: Lisa Fucito, PhD, Kelly DeMartini, PhD

Role: Postdoctoral fellow

R21AA028886, National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Topic: A photoplethysmography sensor-based personalized feedback intervention for heavy-drinking young adults targeting heart rate variability, resting heart rate, and sleep

PIs: Lisa Fucito, PhD

Role: Postdoctoral fellow

2022 – 2023

YaleEVAL Research Group

Yale University, The Consultation Center

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Mentors: Derrick Gordon, PhD, Bronwyn Hunter, PhD

Contributions: Research mentorship (postgraduate assistants), data collection and analysis, manuscript conceptualization and writing, policy and procedure manual writing, evaluation report writing

CPIMP211299-01-00, Department of Health and Human Services, Office of Minority Health (OMH)

Topic: New Haven Health Education and Literacy (HEaL), Community Program to Improve Minority Health

PI: Brooke Logan (Evaluation Team Lead: Derrick Gordon, PhD)

Role: Program evaluator, predoctoral fellow

2022 – 2023

The Consumer Research Team, Connecticut Mental Health Center (CMHC) Yale University, The Consultation Center

Mentor: Joy Kaufman, PhD

Topic: Community-Based Participatory Research for Program Evaluation with Consumer Researchers at Connecticut Mental Health Center

Role: Co-investigator, predoctoral fellow

Contributions: Research mentorship (consumer researchers), data analysis, manuscript conceptualization and writing, evaluation report writing

2022 – 2023

New Haven Adult Education Research and Writing Group

Yale University, The Consultation Center

Mentor: Derrick Gordon, PhD, Bronwyn Hunter, PhD, Amy Cheng, PhD

Topic: New Haven Adult Education Center Needs Assessment and Program Evaluation

Role: Co-investigator, predoctoral fellow

Contributions: Data collection and analysis, manuscript conceptualization and writing, evaluation report writing, mentorship of undergraduate researchers

2021 – 2023

Dissertation: Can Social Media Contact Reduce Stigma? Promoting Empathy with the Art and Writing of People Experiencing Mental Illness

Bowling Green State University (BGSU)

Committee: Catherine H. Stein, PhD (chair), Dale Klopfer, PhD, Dryw Dworsky, PhD, Brooks Vostal, PhD

Study 1 Description: Qualitative interviews examining advocacy from the perspectives of Instagram peer influencers (artists coping with mental illness and substance misuse).

Study 2 Description: Randomized controlled trial testing the efficacy of an online, asynchronous social contact intervention to reduce mental health and substance use stigma.

Larry and Lorraine Nulton Clinical Research Award, BGSU

Role: Principal Investigator

2018 – 2023

Clinical-Community Psychology Research Group

Bowling Green State University

Mentor: Catherine Stein, PhD

Study 1 Description: Qualitative examination of the in-person and online dating experiences of adults with mental illness.

Study 2 Description: Mixed-methods examination of the experiences of adult siblings of individuals with mental illness, including their familial relationships, personal loss, and intentions to provide care to their siblings.

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Doctoral Research Assistantship

Role: Co-Investigator

2014 – 2015

Study: Arts-Based Ethnography with Women Entrepreneurs in Kondoa, TZ
Rock Art Conservation Centre

Study Description: Mixed-methods examination of Tanzanian women's perspectives on entrepreneurship, tourism, and culture using focus groups and arts-based research.

Eliza Buffington Postgraduate Fellowship, Vassar College

Role: Principal Investigator

2013 – 2014

Study: Peer-led, Art-Based Program Development and Evaluation for Adults Experiencing Homelessness

Interactive Resource Center

Study Description: Program evaluation measuring outcomes (e.g., life achievements) from participation in peer-led psychosocial therapeutic art programs at a day center for people experiencing homelessness.

AmeriCorps Partnership to End Homelessness Grant, Corporation for National and Community Service

Role: Principal investigator, lead evaluator

Other Research Experience

2019 – 2022

LGBTQ+ Graduate Student Research Group

Bowling Green State University

Role: Co-Investigator

Description: Mixed-method content analysis of Instagram posts to examine the online health promotion and self-presentation of LGB adults.

2020 – 2022

Study: Social Ecological Resilience of Mothers Sheltering in Place during the COVID-19 Pandemic

Bowling Green State University

Role: Principal Investigator

Description: Used a social ecological framework and multidimensional scaling to analyze focus group data from mothers about their changing roles and identities, community supports and resources, and social networks during COVID-19.

2019 – 2020

Study: Health Promotion and Mental Health Awareness through Art on Instagram

Bowling Green State University

Role: Principal Investigator

Description: Mixed-methods analysis of art posts on Instagram from peer influencers with lived experience of mental illness and substance misuse. Used content analysis and latent semantic analysis.

2018 – 2019

Preliminary Study for Dissertation: #MentalHealth: Expression, Disclosure, and Community Response on Social Media

Bowling Green State University

Committee: Catherine H. Stein, PhD (chair), Dale Klopfer, PhD, Dryw Dworsky, PhD, Brooks Vostal, PhD

Role: Principal Investigator

Description: Quantitative analysis of posts on Tumblr and Twitter from adults self-identifying with mental illness and substance misuse. Used latent semantic

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analysis to find themes and predictive modelling to track community responses.

- 2018 – 2019 **Study: Self-Presentation and Predictors of Community Response in Weight-Inclusive Instagram Communities**
Bowling Green State University
Role: Principal Investigator
Description: Mixed-methods analysis of body positive posts on Instagram, including qualitative content analysis of self-presentation in imagery, latent semantic analysis of text themes in posts, and predictive modelling of the popularity of posts online.
- 2017 – 2018 **Study: Healthy Mind Messages Art Installation and Research**
Oregon State Hospital
Role: Principal Investigator
Description: Content analysis using n-gram frequency of open-ended definitions of mental health from inpatient consumers and staff at Oregon State Hospital using a collaborative public art installation.
- 2012 – 2013 **Thesis: Brief Cognitive Behavioral Art Therapy for Anxiety Disorders**
Florida State University
Committee: Marcia Rosal, PhD (chair), David Gussak, PhD, Tom Anderson, PhD
Role: Principal Investigator
Description: Single-subject experimental designs piloting a brief CBT protocol integrating behavioral art components for an individual with Panic Disorder as well as teletherapy for an individual with Generalized Anxiety Disorder.

Teaching Experience

- 2025 **Instructor, PSY 710 Multicultural Psychology**
University of Kentucky, Graduate course (in-person)
- 2025 **Instructor, PSYC 6609 Research Methods**
University of New Haven, Graduate course (in-person)
- 2024 **Instructor, DHS 3000 Research Methods**
Bowling Green State University-Firelands, Undergraduate course (online)
Duties: Develop course materials, lead class lectures, facilitate discussions, evaluate and give feedback on research proposals.
- 2020 **TA, PSYC 6090 Clinical Interviewing**
Bowling Green State University, Graduate course (in-person)
Duties: Co-developed graduate course materials with instructor of record.
- 2020 **TA, PSYC 4060 Developmental Psychopathology**
Bowling Green State University, Undergraduate course (hybrid)
Duties: Led class lecture and discussions, proctored exams, and graded homework and exams, co-developed undergraduate course materials with instructor of record.
- 2019 – 2020 **TA, PSYC 3080 Clinical Psychology**
Bowling Green State University, Undergraduate course (in-person)
Duties: Co-developed undergraduate course materials with instructor of record.

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- 2019 – 2020 **TA, PSYC 1010 Introduction to Psychology**
Bowling Green State University, Undergraduate course (online)
Duties: Co-developed undergraduate course materials with instructor of record.
- 2019 **TA, PSYC 6640 Foundations of Assessment**
Bowling Green State University, Graduate course (in-person)
Duties: Led lectures and discussions, trained students in adult and child assessments, and proctored and graded homework and exams.
- 2015 – 2016 **Lead Teacher/Art Education Coordinator**
The Art Galleries, High Point, NC; Various in-person workshops
Duties: Developed and facilitated all educational outreach programs and workshops for adults, children, and adolescents. Wrote grants for educational program development. 35-40 hours/week.
- 2013 – 2014 **Art Teacher**
Greenhill Center for NC Art, Greensboro, NC; Various in-person workshops
Duties: Facilitated open arts studio for adults, children, and adolescents. 20 hours/week.

Clinical Experience

- 2022 – 2023 **Psychology Fellow**, Connecticut Mental Health Center, New Haven, CT
Duties: Provided individual therapy and care coordination to adults experiencing serious mental illness as part of an interdisciplinary treatment team.
- 2021 – 2022 **Clinician**, Harbor Behavioral Health, Bowling Green, OH
Duties: Provided individual therapy, assessment services, and comprehensive integrated reports to community mental health consumers.
- 2019 – 2022 **Clinician**, BGSU Psychological Services Center, Bowling Green, OH
Duties: Provided individual and couples therapy, assessment services, and comprehensive integrated reports to undergraduate and graduate students.
- 2016 – 2018 **Rehabilitation Therapist**, Oregon State Hospital, Salem, OR
Duties: Provided individual therapy, group therapy, assessments, and animal-assisted therapy to adults experiencing serious mental illness in both forensic, civil-commitment, and neuropsychiatric units.
- 2012 – 2013 **Clinician**, Big Bend Hospice, Tallahassee, FL
Duties: Provided art therapy (individual, family, and couples) to hospice patients and their families. Provided individual and group bereavement counseling to adults, children, and adolescents.
- 2012 **Clinician**, Florida State Hospital, Chattahoochee, FL
Duties: Provided individual assessments and group art therapy to adults experiencing serious mental illness in both civil-commitment and forensic units. Co-facilitated peer-directed arts-based program.

Consultation Experience

- 2022 – 2024 **Consultant**, M-Select, Yale Ventures at Yale University
New Haven, CT
Duties: Assist with the design, development, and evaluation of a measurement-

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based care application for teenagers and healthcare professionals. Conduct customer discovery interviews to develop a minimally viable product.

- 2020 – 2021 **Community Advocate**, The Connection Center
Bowling Green, OH
Duties: Promoted empowerment among clubhouse members in recovery with serious mental illness using the principles of psychosocial rehabilitation. Supported peer-led program development. Coordinated with community organizations to increase clubhouse members' access to resources.
- 2020 **Facilitator, Coordinator**, The Connection Center Mural
The Connection Center, Bowling Green, OH
Duties: Facilitated collaborative mural with committee of clubhouse members.
- 2017 – 2018 **Facilitator, Coordinator**, Oregon State Hospital Mural Series
Oregon State Hospital, Salem, OR
Duties: Facilitated series of collaborative murals with clients at Oregon State Hospital.
- 2016 **Facilitator, Coordinator**, *Art for Health* Mural Series
YMCA and Boys & Girls Club, High Point, NC
Duties: Facilitated collaborative health promotion mural series with elementary and middle school students in underserved and under-resourced communities.
- 2015 **Consultant, Facilitator, Coordinator**, Kilimanjaro Christian Medical Center
Moshi, Tanzania
Duties: Facilitated group mural project for support group for teens who were HIV-positive.
- 2014 – 2015 **Consultant**, Four Seasons Serengeti Safari Lodge
Seronera, Tanzania
Duties: Facilitated staff team-building activities and stress-reduction workshops.
- 2012 – 2014 **Designer, Volunteer Coordinator**, Seven Days of Opening Nights Mural Series
Tallahassee, FL
Duties: Facilitated community painting days with the public and coordinated project volunteers.

Supervisory Experience

- 2023 – 2025 **Clinical Research Supervisor**, Digital INSIGHTs Lab, Yale School of Medicine
New Haven, CT
Duties: Supervised postgraduate and undergraduate research assistants and postdoctoral fellows and associates conducting clinical assessment batteries.
- 2021 – 2022 **Peer Supervisor, Therapy**, BGSU Psychological Services Center
Bowling Green, OH
Duties: Conducted weekly peer-supervision for second-year graduate student providing individual therapy services.
- 2019 **Peer Supervisor, Assessment**, BGSU Psychological Services Center
Bowling Green, OH

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Duties: Supervised six first-year graduate students as they learned, practiced, and conducted cognitive testing for children and adults.

2017 – 2018 **Clinical Supervisor, Art Therapy**
Salem, OR
Duties: Provided contracted post-graduate supervision to an art therapist conducting individual and group therapy to earn her Art Therapist-Registered credential through the Art Therapy Credentials Board.

Licenses & Certifications

2024 – present Psychologist, License-eligible, CT
2016 – present Art Therapist Registered-Board Certified (ATR-BC)
Art Therapy Credentials Board (ATCB)

Skills

R programming language
Natural language processing: Latent Dirichlet Allocation, latent semantic analysis, sentiment analysis
Geospatial software: ArcGIS Pro
Qualitative analysis software: NVivo, Dedoose, Atlas.ti
Statistical software: Mplus, SPSS, jamovi
Survey software: REDCap, Qualtrics
Multivariate statistical techniques: EFA, CFA, SEM, MDS/NMDS, PCA, LCA, GLM

Trainings

2023 Propelus Innovation Corps Sessions, Customer Discovery
National Science Foundation (NSF), I-Corps Hub Northeast Region
2023 Timeline Follow-Back Assessment
Daniel Martin, PhD, Martin Research and Consulting
2023 Quick Structured Clinical Interview for DSM-5 Disorders (SCID)
Lisa Fucito, PhD, Yale Department of Psychiatry
2023 Family Health Assessment Module, Important People Drug and Alcohol Interview
Kelly DeMartini, PhD, Yale Department of Psychiatry
2022 Suicide Risk Assessment and Mitigation
Emily Cooney, PhD, Yale Department of Psychiatry
2022 Person-Centered Recovery Planning Workshop Series
Janis Tondora, PsyD, Yale Department of Psychiatry
2022 Assessing Race-Related Stress & Trauma
Angela Haeny, PhD, Yale Department of Psychiatry
2022 Psychopharmacology & Related Issues
John Cahill, MD, Yale Department of Psychiatry

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2022	Screening for Cognitive Impairment Lucas Driskell, PsyD, Yale Department of Psychiatry
2019	Motivational Interviewing Workshop Joshua Grubbs, PhD, Bowling Green State University
2019	Multicultural Supervision Workshop Michelle Stahl, PhD, Bowling Green State University
2019	Expressive Writing Workshop Harold Rosenberg, PhD, Bowling Green State University
2018	Radically Open Dialectical Behavior Therapy Workshop Kate Hutsen, MA, LPCC-S, Bowling Green State University
2018	Suicide Postvention Workshop Amy Braush, PhD, Bowling Green State University
2018	Dialectical Behavior Therapy Skills: Train the Trainers Workshop Series Oregon State Hospital
2018	Collaborative Problem Solving (CPS) Workshop Series Oregon State Hospital

Editorial & Peer Review Service

2017 – present	Ad-hoc reviewer , <i>American Journal of Community Psychology</i> ; <i>Austin Journal of Autism and Related Disabilities</i> ; <i>Complimentary Therapies</i> ; <i>Cyberpsychology, Behavior, and Social Networking</i> ; <i>Journal of Health Psychology</i> ; <i>Nature Portfolio Journal-Digital Medicine</i> ; <i>Psychiatric Rehabilitation</i> ; <i>Psychology of Popular Media</i> ; <i>Public Health</i> ; <i>The Arts in Psychotherapy</i> ; <i>SSM-Mental Health</i>
2012 – 2013	Copy editor , <i>The Wiley-Blackwell Handbook of Art Therapy</i>

Leadership & Committee Service

2016 - present	Committee Member , Art Therapy Credentials Board, Certification Committee <i>Duties</i> : Evaluate two Art Therapy Credentials Board Exam forms per year, including item quality and exam topic composition.
2022 – 2025	Committee Member , Community Engagement and Partnerships Subcommittee, Social Equity and Inclusion Workgroup, The Consultation Center Yale School of Medicine <i>Duties</i> : Facilitate connections between The Consultation Center faculty and staff with community engagement opportunities.
2020 – 2022	Committee Member , Art Therapy Credentials Board, Job Analysis Committee <i>Duties</i> : Planned and implemented the national art therapy job analysis survey that guided the development of the national Art Therapy Credentials Board Exam that registers and credentials US art therapists.
2017 - 2018	Public Relations Representative , Oregon Health Authority Diversity Committee, LGBTQ+ Subcommittee <i>Duties</i> : Publicized LGBTQ+ trainings and events to Oregon State Hospital staff and clients. Help design staff LGBTQ+ trainings. Evaluate results of surveys of

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staff knowledge of working with LGBTQ+ populations.

2012 - 2013

President, Florida State University Art Therapy Association

Duties: Facilitated executive meetings for the Florida State University Art Therapy Association, invited speakers to the art therapy program, coordinated fundraisers, and facilitated community outreach projects spearheaded by the association.

References

1. **Trace Kershaw**, PhD
Department Chair and Susan Dwight Bliss Professor
Yale School of Public Health
Relationship: Postdoctoral Mentor, Project Principal Investigator
Contact: trace.kershaw@yale.edu
2. **Lisa Fucito**, PhD
Associate Professor; Director, Tobacco Treatment Service
Department of Psychiatry, Yale School of Medicine
Relationship: Postdoctoral Mentor, Project Principal Investigator
Contact: lisa.fucito@yale.edu
3. **Catherine H. Stein**, PhD
Professor; Vice-Chair of Graduate Training
Department of Psychology, Bowling Green State University
Relationship: Advisor, Dissertation and Preliminary Project Committee Chair, Externship Clinical Supervisor, Professor
Contact: cstein@bgsu.edu