**SARAH JANE PETERSON, M.S.**

Curriculum Vitae

Department of Psychology

University of Kentucky

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**EDUCATION**

In Progress **Doctor of Philosophy, Clinical Psychology**

Expected 2022 University of Kentucky, Lexington, KY (APA & PCSAS Accredited)

Dissertation: *Early Maturing Out of Problematic Alcohol Use*

Defended: August 16, 2021

Chair: Gregory T. Smith, Ph.D.

In Progress **Predoctoral Internship, Clinical Psychology**

VA Ann Arbor Healthcare System, Ann Arbor, MI (APA Accredited)

Training Director: Minden B. Sexton, Ph.D.

2017 **Master of Science, Clinical Psychology**

University of Kentucky, Lexington, KY

Thesis: *Personality and Learning Predictors of Adolescent Alcohol Consumption Trajectories*

Chair: Gregory T. Smith, Ph.D.

2015 **Bachelor of Arts, Psychology**, *magna cum laude*

Hope College, Holland, MI

Minor: Women’s and Gender Studies

Honors Thesis: *The Benefits of Self-Forgiveness on Mental Health: Evidence from Correlational and Experimental Research*

Chair: Daryl R. Van Tongeren, Ph.D.

**GRANT ACTIVITY**

2020-2022 **F31 NIAAA Pre-doctoral Fellowship, Ruth L. Kirschstein National Research Service Award, AA027960: *Early Maturing Out of Problematic Alcohol Use,*** $90,032

The goal of this study is to identify factors that differentiate those who decrease their drinking early from those who persist in heavy alcohol use to clarify the risk process for harmful collegiate drinking and shed light on risk for adult alcohol use disorders. The project is part of a developmentally sensitive program of research designed to examine trends and risk factors for emerging adulthood problem drinking.

Role: PI

Sponsor: Gregory T. Smith, Ph.D.

Co-Sponsors: Kristina M. Jackson, Ph.D., Kenneth J. Sher, Ph.D.

2019-2020 **T32 NIAAA Pre-doctoral Traineeship, AA027488: *Interdisciplinary Training in Alcohol Research***, $25,816

Role: Pre-Doctoral Trainee

PIs: Mark Fillmore, Ph.D. & Mark Predergast, Ph.D.

**HONORS AND AWARDS**

2021  **Registration Award**, The Society of Addiction Psychology (SoAP), Division 50 of the American Psychological Association: awarded to waive registration costs at the Collaborative Perspectives on Addiction Annual Meeting.

2020-2021 **P.E.O. Scholar Award**: awarded for excellence in research, academics, and ability to make a significant contribution to society, $15,000

2020 **10 Under 10 Award Nominee,** Hope College: awarded to honor emerging leaders who exemplify the attributes of a Hope College graduate.

2019 **Excellent Clinical Performance Award Recognition,** University of Kentucky: awarded for clinical excellence at the Jesse G. Harris Psychological Services Center.

2018-2019 **Presidential Fellowship**, University of Kentucky: awarded for outstanding academic merit and research capabilities, $20,000 plus tuition and health insurance

2018 **Arts & Sciences Dean’s Competitive Graduate Fellowship**, University of Kentucky: received in recognition of achievements and to promote progress through degree program, including field work and research, $10,000 plus tuition and health insurance

2017 **Enoch Gordis Award Finalist,** Research Society on Alcoholism: awarded at the Research Society on Alcoholism Annual Meeting for originality and quality of research, significance to the field, quality of abstract, and presentation of the work at the meeting as a poster and talk

2015-2018 **Reedy Quality Achievement Fellowship**, University of Kentucky: received in recognition of high confidence in academic potential, $9,000

2016-2017 **Robert Lipman Fellowship**, University of Kentucky: received to support research on alcohol abuse, with emphasis on efforts that have direct implications for human behavior, $10,000

2015-2016 **Graduate School Academic Year Fellowship**, University of Kentucky, $15,000 plus tuition and health insurance

2011 – 2015 **Presidential Scholarship**, Hope College, $48,000

**PUBLICATIONS**

15. Atkinson, E.A., **Peterson, S.J.,** Riley, E.N., Davis, H.A., & Smith, G.T. (2021). How people experience and respond to their distress predicts problem drinking more than does the amount of distress. *Addictive Behaviors,* 106959

14. **Peterson, S.J.,** Atkinson, E.A., Riley, E.N., Davis, H.A., & Smith, G.T. (2021). Affect-based problem drinking risk: The reciprocal relationship between affective lability and problem drinking. *Alcohol and Alcoholism, 56*(6), 746-753.

13. Ortiz, A. M. L., **Peterson, S. J.,** D’Agostino, A. R., & Smith, G. T. (2020). Expectancy theory and addictive behaviors. In *Advances in psychology research* (pp. 1-33). New York: Nova Science Publishers, New York, NY.

12. **Peterson, S. J.,** & Smith, G. T. (2019). Impulsigenic personality: Is urgency an example of the jangle fallacy? *Psychological Assessment, 31*(9), 1135-1144.

11. D’Agostino, A. R., **Peterson, S. J.,** & Smith, G. T. (2019). A risk model for addictive behaviors in adolescents: Interactions between personality and learning. *Addiction, 114*(7), (1283-1294).

10. Cole, H. A., **Peterson, S. J.**, & Smith, G. T. (2018). Elementary and middle school predictors of high school drinking problems and maladaptive coping. *Addictive behaviors*, 87, 177-182.

9. **Peterson, S. J.** & Smith, G. T. (2018). Impulsigenic personality traits: From the impulsive to the compulsive. Invited chapter in N. S. Columbus (Ed.), *Understanding impulsive behavior: Assessment, influences, and gender differences.* (pp.29-60). Nova Science Publishers, New York, NY.

8. **Peterson, S. J.,** Davis, H. A., & Smith, G. T. (2018). Personality and learning predictors of adolescent alcohol consumption trajectories. *Journal of Abnormal Psychology, 127*(5), 482-495.

7. Combs, J. L., Riley, E. N., **Peterson, S. J.,** Jordan, C. E., & Smith, G.T. (2018*)*. Pre-Assault personality predicts the nature of adverse outcomes among sexual assault victims. *Journal of Studies on Alcohol and Drugs. 79*(2), 258-268

6. Smith, G. T. & **Peterson, S. J.**  (2018). Considerations of socioeconomic status as separate from race: A commentary on Zenmore et al. (2018). *Journal of Studies on Alcohol and Drugs. 79(1),* 24-25.

5. **Peterson, S. J.** & Smith, G. T.(2017). Association between elementary school personality and high school smoking and drinking. *Addiction. 112*(11), 2043-2052.

4. Riley, E.N., **Peterson, S.J.,** & Smith, G.T. (2017). Towards a developmentally integrative model of personality change: A focus on three potential mechanisms. *Advances in Psychological Research. 124,* 63-84.

3. Davis, H. A., **Peterson, S. J.**, & Smith, G. T. (2017). Assessment. Invited chapter in A. E. Wenzel (Ed.), *The Sage Encyclopedia of Abnormal and Clinical Psychology*. (pp. 309-313). Sage Publications, Thousand Oaks, CA.

2. **Peterson, S. J.,** Van Tongeren, D. R., Womack, S. D., Hook, J. N., Davis, D. E., & Griffin, B. J. (2017). The benefits of self-forgiveness on mental health: Evidence from correlational and experimental research. *The Journal of Positive Psychology*, *12*(2), 159-168.

1. **Peterson, S. J.** & Smith, G. T. (2016). Application of the expectancy concept to substance use. Invited chapter in S. A. Brown and R. A. Zucker (Eds.), *Oxford Handbook of Adolescent Substance Abuse.* (pp. 373-386). Oxford University Press, New York, NY.

**MANUSCRIPTS IN PREPARATION**

**Peterson, S.J.,** Atkinson, E.A.,Riley, E.N., Davis, H.A., & Smith, G.T. Additive and joint effects of urgency and affective lability on problem drinking behaviors.

**Peterson, S.J.,** Atkinson, E.A. & Smith, G.T. Rates of alcohol consumption behaviors in underage college students across the COVID-19 pandemic.

**Peterson, S.J.** & Smith, G.T. Early maturing out of problematic alcohol use.

Sexton, M.B., Avallone, K.M., Spencer, R.J., Hosanagar, A., Conroy, D.A., **Peterson, S.J.,** Reckow, J.M., Rauch, S.A.M., & Chermack, S.T. Associations between baseline sleep disturbances and therapy effectiveness and completion among veteran’s engaged in an intensive outpatient substance use program.

Jeffries, E.R., Christ, N.M., **Peterson, S.J.,** Sexton, M.B., Cochran, H.M., Smith, E., Rauch, S.A.M., Porter, K.E. Associations between trauma-related cognitions, substance cravings, and confidence to abstain from use among treatment-seeking male veterans.

**RESEARCH PRESENTATIONS**

16. **Peterson, S.J.** & Smith, G.T. (2022, April) *Early maturing out of problematic drinking*. A poster presented at the Collaborative Perspectives on Addiction Annual Meeting, Portland, OR.

15. Ortiz, A.M.L., **Peterson, S.J.,** & Smith, G.T. (2021, June). *Transactions between eating expectancies and eating rumination on eating pathology.* A symposium presented virtually at the International Conference on Eating Disorders.

14. **Peterson, S.J.,** Atkinson, E.A. & Smith, G.T. (2021, March). *Rates of alcohol consumption behaviors in underage college students before and after COVID-19 onset.* A poster presented virtually at the Collaborative Perspectives on Addiction Annual Meeting.

13. **Peterson, S.J.,** Atkinson, E.A., & Smith, G.T. (2020, April). *Additive and joint effects of urgency and affective lability on problem drinking behavior.* A poster presented at the Collaborative Perspectives on Addiction Annual Meeting, San Diego, CA. (Presented virtually, conference cancelled due to COVID-19).

12. Atkinson, E.A., **Peterson, S.J.,** & Smith, G.T. (2019, June). *Reciprocal influences among affective based risk factors and problem drinking in college students.* A poster presented at the annual meeting of the Research Society on Alcoholism, Minneapolis, MN.

11. **Peterson, S.J.** & Smith, G.T. (2019, June). *Early maturing of heavy drinking.* A poster presented at the annual meeting of the Research Society on Alcoholism, Minneapolis, MN.

10. **Peterson, S.J.,** Davis, H.A., & Smith, G.T. (2018, October) *Personality and learning predictors of adolescent alcohol trajectories.* A poster presented to the Board of Trustees at the University of Kentucky in Lexington, KY.

9. **Peterson, S. J.,** Riley, E. N., & Smith, G. T. (2018, June). *Reciprocal relationship between problem drinking and affective lability.* A poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.

8. D’Agostino, A. R., **Peterson, S. J.** & Smith, G. T. (2018, June). *A risk model for addictive behaviors in adolescents: from the transdiagnostic to the behavior specific.* A poster presented at the annual meeting of the Research Society on Alcoholism, San Diego, CA.

7. **Peterson, S. J.** & Smith, G. T. (2017, June). *On the validity of negative urgency.* A poster presented at the annual meeting of the Research Society on Alcoholism, Denver, CO.

6. **Peterson, S. J.** & Smith, G. T. (2017, June). *Elementary school youth characteristics predict developmental trajectories of drinking behavior.* An oral presentation and poster presented at the annual meeting of the Research Society on Alcoholism, Denver, CO.

5. Combs, J. L., Riley, E. N., **Peterson, S. J.,** Jordan, C. E., & Smith, G.T. (2017, June*)*. *Pre-assault personality predicts the nature of adverse outcomes among sexual assault victims.* A poster presented at the annual meeting of the Research Society on Alcoholism, Denver, CO.

4. Cole, H. A., **Peterson, S. J.,** & Smith, G. T. (2017, June). *Biological, behavioral, and personality predictors of adolescents' preferred style of coping.* A poster presented at the annual meeting of the Research Society on Alcoholism, Denver, CO.

3. **Peterson, S. J.** & Smith, G. T. (2016, June). *Personality and learning transact to predict early onset drinking behavior.* A poster presented at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.

2. Dillman, A. L., Garwood, P., **Peterson, S**., Fann, K., & Van Tongeren, D. R. (2015, May). *The role of meaning in religious and scientific worldviews.* A poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

1. Girard, L., **Peterson, S.**, Alfonso, D., Hanrath, L., & Bredow, C. (2014, May). *Do standards matter? A priori standards, partner perceptions, and relationship evaluation.* A poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

**RESEARCH EXPERIENCE**

2022 **Applied Clinical Research Minor Rotation**

VA Ann Arbor Health Care System, Ann Arbor, MI

Worked directly on ongoing research projects at VAAAHCS, assisted in manuscript preparation, gained broader exposure to VA research in clinical populations.

Supervisor: Minden Sexton, Ph.D.

2019 – 2021 **Dissertation Research**

University of Kentucky, Lexington, KY

Project examining persistence and desistence in problematic alcohol use among college students

NRSA F31AA027960 awarded August 28, 2019

Committee: Greg Smith, Ph.D. (chair), Christal Badour, Ph.D., Suzanne Segerstrom, Ph.D., Jennifer Havens, Ph.D./MPH, Tyrone Borders, Ph.D.

2016 – 2017 **Thesis Research**

University of Kentucky, Lexington, KY

Longitudinal project on the relationship between impulsigenic personality traits, learned expectancies, and pubertal onset and adolescent alcohol consumption trajectories

Committee: Greg Smith, Ph.D. (chair), Christal Badour, Ph.D., Ruth Baer, Ph.D.

2015 – **Adolescent and Young Adult Risk Behavior Research**

University of Kentucky, Lexington, KY

Research examining the role of impulsivity related personality traits, learned expectancies, and pubertal onset in the development of addictive behavior involvement, such as alcohol consumption, cigarette smoking, etc., in youth, adolescents, and young adults

PI: Greg Smith, Ph.D.

2014 – 2015 **Undergraduate Honors Thesis Research**

Hope College, Holland, MI

Collaborative project on beneficial aspects of self-forgiveness on alcohol use

Supervisor: Daryl Van Tongeren, Ph.D.

2014 – 2015 **Meaning, Religion, & Virtues Lab, Research Assistant**

Hope College, Holland, MI

Ran study participants, data entry, collaborated with PI and other lab members on several projects regarding meaning, religion, and virtues

PI: Daryl Van Tongeren, Ph.D.

**CLINICAL EXPERIENCE**

2022 **Intern Therapist**

Mental Health Clinic, VA Ann Arbor Healthcare System, Ann Arbor, MI

Conduct initial assessments for incoming patients with mental health concerns, provide evidence-based therapies, such as CBT, ACT, and MBCT, in individual and group interventions, worked closely with a variety of interdisciplinary mental health professionals

Supervisor: Chelsea Cawood, Ph.D.

2021 – **Intern Therapist**

Dialectical Behavior Therapy Program, Mental Health Clinic, VA Ann Arbor Healthcare System

Conduct screenings for patients referred to the DBT program, maintain an individual caseload of

3 DBT patients, co-lead DBT skills group, participate in DBT team consultation meetings, collect program outcome data and provide measurement-based feedback to patients enrolled in full model DBT program.

Supervisor: Chelsea Cawood, Ph.D.

2021 **Intern Therapist**

Substance Use Disorders Clinic, VA Ann Arbor Healthcare System

Conduct initial assessments for incoming patients presenting with substance use disorders and comorbid mental health conditions, provide evidence-based individual therapies, such as CBT-SUD, MI/MET and harm reduction, to a caseload of 5 outpatient veterans, lead CBT-SUD and MI/MET groups, participate in clinical and team meetings

Supervisor: Joseph VanderVeen, Ph.D

2020 **Graduate Student Therapist**

Torture Recovery Services, Kentucky Refugee Ministries, Lexington, KY

Conducted screenings for eligibility for the U.S. Torture Survivor Program, provided culturally appropriate diagnostic assessment, and treatment (modified CPT, NET) to survivors, received training and experience in working with interpreters

Supervisor: Mary Beth McGavran, Ph.D.

2019 – 2020 **Practicum Student Therapist**

Lexington VA Health Care Center, Lexington, KY

Mental Health Residential Recovery Treatment Program (MHRRTP)

Provided evidence-based psychotherapy (CBT-SUD, MI, MET, CPT) and case management for veterans with substance use disorders and/or PTSD, functioned as part of an interdisciplinary treatment team, provided group psychoeducation, process groups and individual psychotherapy and diagnostic assessment.

Supervisors: Jennifer Kinder, Ph.D.; Tim Swiger, M.S.; Adam Ripley, M.S.

2018 – 2019 **Doctoral Student Therapist**

Behavioral Wellness Clinic, Louisville, KY

Eating Disorder Outpatient and IOP Treatment Team

Provided evidence-based outpatient treatment (CBT-E, DBT, FBT) to children, adolescents, and adults with eating disorders and co-morbid dysfunction, including individual psychotherapy, meal therapy, and group services.

Supervisors: Cheri Levinson, Ph.D.; Alexandria Pruitt, Psy.D.

2018 – 2019 **Dialectical Behavior Therapy (DBT) Individual & Skills Group Therapist**

Jesse G. Harris, Jr. Psychological Services Center, Lexington, KY

Co-facilitated DBT skills group for adults. Skills taught include mindfulness, emotion regulation, distress tolerance, and interpersonal effectiveness.

Supervisors: Martha Wetter, Ph.D. & Ruth Baer, Ph.D.

2016 – 2019 **Graduate Student Therapist**

Jesse G. Harris, Jr. Psychological Services Center; Lexington, KY

Provided long term outpatient individual therapy to adult and child clients with primary focus on CBT techniques, conducted psychological assessments for children, adolescents, and adults, and psychological evaluations for new hires to the Lexington Fire Department

Supervisors: Mary Beth McGavran, Ph.D., Lindsey Jasinski, Ph.D.

2017 – 2018 **Clinic Coordinator**

Jesse G. Harris, Jr. Psychological Services Center; Lexington, KY

Attended staffing meetings with director and other clinic coordinators, screened and interviewed new clients, assisted day-to-day running of the clinic, worked on various projects as assigned.

Supervisor: David T. Susman, Ph.D.

2018, 2019 **Achievement Testing Practicum**

The Lexington School, Lexington, KY

Administered WJ-IV to school-aged children, scored assessments, compiled reports of results and clinical observations.

Supervisor: Mary Beth McGavran, Ph.D.

2018 **Happy Healthy Kids Group Leader**

Jesse G. Harris, Jr. Psychological Services Center; Lexington, KY

Co-facilitated a psycho-educational group for children grades 3-5 regarding emotion regulation skills.

Supervisor: Mary Beth McGavran, Ph.D.

2017 **Healthy Relationships Group Leader**

The Salvation Army; Lexington, KY

Facilitated a psycho-educational group for women residing at the Salvation Army regarding interpersonal effectiveness, emotion regulation, and coping skills

Supervisor: David T. Susman, Ph.D.

2017 **Coping Tools for Teens Group Leader**

Jesse G. Harris, Jr. Psychological Services Center; Lexington, KY

Co-facilitated a psycho-educational group for high-school aged adolescents regarding distress tolerance and emotion regulation skills

Supervisor: Gregory T. Smith, Ph.D.

2016 – 2017 **Practicum Level Individual and Group Therapist**

University of Kentucky Counseling Center; Lexington, KY

Conducted intake interviews and provided individual CBT and IPT to undergraduate and graduate students, provided clients with referrals to center and community resources, conducted group screenings and co-led interpersonal process group therapy sessions

Supervisors: Margaret Marks, Ph.D., Rae-Lyn Glover, M.A., Nathan Miles, Ph.D.

2016 **Interpersonal Process Group Process Observer**

University of Kentucky Counseling Center, Lexington, KY

Observed interpersonal process group therapy sessions, observed clinical screenings for potential group members, attended group therapy sessions, attended debriefing sessions, composed weekly group process note, attended weekly supervision meetings

Supervisor: Nathan Miles, Ph.D.

2014 – 2015 **Resident Aide**

Harbor House, Holland, MI

Guided clients at a residential facility in their daily activities, managed interpersonal conflicts, promoted the recovery of residents in the program

Supervisor: Kari Dunham, B.A.

**TEACHING EXPERIENCE**

2017 – 2018 **Clinic Assistant Coordinator**

Jesse G. Harris Psychological Services Center, Lexington, KY

Supervised undergraduate clinic assistants, taught weekly seminar on clinical psychology

Professor: David T. Susman, Ph.D.

2017 **PSY 631 Clinical Methodology Teaching Assistant**

University of Kentucky, Lexington, KY

Instructed first year clinical psychology graduate students on conducting intelligence testing, specifically instructed on the WAIS IV and WISC V, review and grade assessment reports completed by students

Professor: Gregory T. Smith, Ph.D.

2017 **PSY 313 Personality and Individual Differences Teaching Assistant**

University of Kentucky, Lexington, KY

Graded written assignments and exams, assisted and tutored undergraduate students

Professor: Gregory T. Smith, Ph.D.

2016 – 2017 **PSY 100 Introduction to Psychology Laboratory Instructor**

University of Kentucky, Lexington, KY

Instructed laboratory sessions, designed laboratory materials and presentations, graded assignments, quizzes, and exams, assisted and tutored undergraduate students

Professors: Lynda Sharrett, Ph.D., Nathan DeWall, Ph.D., Ray Archer, Ph.D.

**PROFESSIONAL ACTIVITIES & SERVICE**

**MEMBERSHIPS**

Research Society on Alcoholism

Association for Psychological Science

American Psychological Association

American Psychological Association – Division 50

Psi Chi (Psychology Honors Society)

Omicron Delta Kappa (Leadership Honors Society)

Phi Beta Kappa (Liberal Arts Honors Society)

**AD HOC REVIEWER**

Addictive Behaviors

Journal of Drug Issues

Development and Psychopathology

Journal of Psychopathology and Behavioral Assessment

Addiction Research and Theory

Journal of Adolescent Health

**PROFESSIONAL & COMMUNITY SERVICE**

Psychin’ Out Mentor, 2021 – present

Research Society on Alcoholism Education Committee Student Representative, 2017 – 2020

University of Kentucky Psychology Advocacy Group, 2017 – 2020

Sexual Assault and Harassment Policy Board, Student Advocate, Hope College, 2012 – 2015

Students Teaching and Empowering Peers (STEP), Student Educator, Hope College, 2011 – 2015